

BRUNSWICK NEWS-JOURNAL

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FREE

Why Amtrak Passes Brunswick By



The Capitol Limited races through Brunswick every day but never stops here.

By MARK ROHNER

A traveler passing through Brunswick this week aboard Amtrak's Capitol Limited might notice the city's Railroad Days preparations, or the Railroad Square project, or the Brunswick arch welcoming visitors, and wonder why the train isn't stopping at this place that seems to be all about rail transportation.

That's a good question. The Capitol Limited passes through Brunswick twice daily on its route between Washington and Chicago, making stops in Pittsburgh, Cleveland, and a dozen other cities and towns along the way. Among these is Brunswick's neighbor, Harpers Ferry, West Virginia. But not Brunswick.

On paper, a stop in Brunswick would seem to offer several advantages for Amtrak passengers:

■ **Parking.** Brunswick has 675 free parking spaces at the

station, according to Maryland's MARC commuter rail service. On any weekday, the lot is rarely more than half full. Harpers Ferry's lot has just 88 spaces and is often full. The parking lot is part of the Harpers Ferry National Park, which requires payment of park admission to park there.

■ **Accessibility.** Brunswick station is classified as accessible under the Americans with Disabilities Act. Harpers Ferry is the only stop on the Capitol Limited route that is not accessible, according to the Amtrak site.

■ **Proximity to population centers** such as Frederick (population 82,000) and Leesburg (population 48,000). The nearest big town to Harpers Ferry is Charles Town (population 7,000).

What tips the balance in Harpers Ferry's favor, though, is that the town is "notably, the heart of a major national park

and offers access to the Appalachian Trail — two major tourist attractions," said Beth Toll, senior public relations manager for Amtrak, in an email.

Despite the lack of parking and accessibility at Harpers Ferry, Amtrak's service there "by almost any measure, already serves the Brunswick-vicinity ridership," she said.

The History

Amtrak's Capitol Limited started service in 1981 as the successor to the luxury passenger service the B&O Railroad operated under the same name until 1971. The B&O's Capitol Limited didn't stop in Brunswick either. Nor in Harpers Ferry. But Brunswick did for many years enjoy long-distance passenger service to points such as Chicago, St. Louis, and Cleveland. This was in addition to local commuter service between Brunswick and Washington, which survives as the MARC service operated by the state of Maryland.

Why was the Harpers Ferry stop added when Amtrak resumed the Capitol Limited service? While the town is a tourist destination, its Amtrak station doesn't generate a lot of traffic, serving about 6,000 passengers, or fewer than 20 a day, in fiscal 2023, according to Amtrak figures.

In addition to the Capitol Limited, West Virginia has another Amtrak route, the Cardinal, serving the southern part of the state with stops in Huntington and Charleston.

The state's Amtrak service is a legacy of the outsized political clout West Virginia wielded during Amtrak's early days. Then, the state was represented by two powerful senators, Robert Byrd, the longtime Senate Majority Leader who was credited with maintaining the Cardinal service, and Jennings Randolph, who chaired the Public Works Committee.

West Virginia's Congressional delegation also included

Representative Harley Staggers, the chairman of the House Committee on Interstate and Foreign Commerce, whose broad jurisdiction included Amtrak. Staggers was responsible for the legislation that created Amtrak and was so influential that a former Amtrak route through the state, the West Virginian, was often called The Harley Staggers Special.

While Amtrak considers that the Brunswick area already receives adequate service, the railroad "welcomes individual community requests for new stations along its Long-Distance network, which Amtrak evaluates for feasibility given existing and future Long-Distance service conditions," Toll said. "Amtrak continuously evaluates the markets we serve and makes adjustments when warranted based on ridership potential, trip time, on-time performance, available seating capacity on trains and local railroad infrastructure." ■

Railroad Days Happens this Weekend

By DIANE ELLIS

Brunswick's biggest event of the year is Saturday and Sunday, October 5-6, as the town celebrates its railroad history with a weekend of entertainment. The event runs from 10 a.m. to 5 p.m. both days.

Sponsored by the City of Brunswick, Railroad Days offers train rides, popular local bands, the most intricate model train displays, more than 120 vendors selling their creations, an entire kids' zone, lots of food, a beer garden and more. Where else can one find so many fun and interesting activities at one event? It all takes place in downtown

Brunswick along Potomac Street and in the American Legion lot. Bands will perform live on the stage in Square Corner Park. Parking is in the MARC train lot.



Passengers at the 2023 festival wait for a train ride at the Brunswick station.

All Aboard for Train Rides

A round-trip, non-stop train will travel from the Brunswick station, over the Potomac and Shenandoah rivers, through Harpers Ferry and on to Shenandoah Junction, W.V. Trains depart Brunswick at 1 p.m. and 3 p.m. both Saturday and Sunday. The ride is about 45-50 minutes.

Tickets cost \$10 for everyone regardless of age. Tickets are only sold online. See www.brunswickrailroaddays.org for ticket information.

Model Trains on Display

The intricate world of model trains, with their tiny engines
Continued on page 2

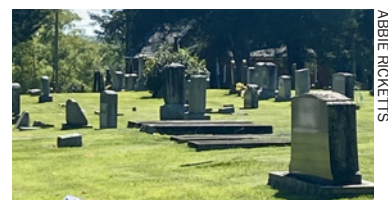
IN THIS ISSUE

PAGE 20

Local Cemeteries

PAGE 8

ELECTION WATCH



ABBIE RICKETTS

PLUS: MUSHROOMS, PET ADOPTION, GARDENING, JEFFERSON UM CHURCH, COMMUNITY CALENDAR AND MORE

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BRUNSWICK NEWS

Railroad Days CONTINUED



Photo from Railroad Days 2023

Continued from page 1

and train cars that race through towns, over bridges, and across miniature landscapes will be on full display at two venues. The American Legion will host free admission for the Washington, Virginia & Maryland Garden Railway Society's display and the National Capital Trackers' O-gauge train display.

The Brunswick Heritage Museum at 40 W. Potomac St. has a permanent exhibit of HO-scale model trains that shows the old B&O rail line from Washington, D.C. to Brunswick and beyond. This detailed model shows all the towns and landscapes along the tracks and occupies the entire third floor of the museum.

The museum is also the best place for viewing historical exhibits about Brunswick's rail-roading past. Admission is free.

Let's Dance

Square Corner Park is the place to be on Saturday afternoon when local band Cazmiere energizes the crowd while performing music that ranges from the 1980s and 90s to current pop, dance, new country and modern rock. They will be on stage from 1-4 p.m.

On Sunday, the popular band The Reagan Years will recreate the sounds of the 1980s as they perform well-known rock, new wave and heavy metal hits from that era. They perform from 2-5 p.m.

Railroad Days — What to Know

- Dates:** October 5 & 6
- Time:** 10 a.m. - 5 p.m.
- Parking:** MARC Parking Lot
- Train Rides:** Tickets at BrunswickRailroadDays.org
Ticket price: \$10 (regardless of age)
Departs at 1 & 3 p.m. both days
- Music:** Nat Aguilar, Sat. 10 a.m.-1 p.m.
Cazmiere, Sat. 1-4 p.m.
Monty, Sun. 10 a.m.-1 p.m.
The Reagan Years, Sun. 2-5 p.m.
- Sponsor:** City of Brunswick
- Information:** BrunswickRailroadDays.org

For the softer sounds of acoustic music, Nat Aguilar and Friends play in the park gazebo on Saturday, from 10-1. On Sunday morning, Monty plays from 10-1.

Eat, Drink and be Merry

Festival goers can sit at picnic tables throughout the festival area and enjoy a variety of foods. Hems Meats will make its famous barbeque sandwiches. Numerous food vendors will be on site, including local organizations such as the Volunteer Fire Company, Volunteer Ambulance Company, and the Brunswick High School Band Boosters, offering great food and an opportunity to support their work.

Brunswick's own Smoketown



Photo from Railroad Days 2023

Brewing Station will set up a beer garden in Square Corner Park for the enjoyment of live music along with a favorite beverage.

Kids Zone

In addition to the model trains, kids can enjoy a petting zoo, pony rides and a trackless train. Face painting and glitter tattoos will be given free and the ever-popular Balloon Artist will dazzle children with balloon creations.

Art and Other Cool Things

Lining Potomac Street and the American Legion lot will be artisans selling their creations such as handcrafted pottery, jewelry, artwork, photography, clothing, housewares, and many unusual items, such as artsy fishing lures. Railroad themes will be popular.

The Brunswick Friends of the Library will have its used book

Arts Community Organizing in Brunswick

By JEAN TOLEMAN

A group of enthusiastic artists and arts supporters recently met to brainstorm ways to increase the arts in Brunswick. Over 30 people attended several meetings and formed a Brunswick arts council. Sarah Frost, a local scientist and artist, coordinated the meetings where ideas were tossed around on how to build an arts community here.

Monthly meetings

Initially, the group will bring together local artists, in all media, to monthly meetings where they can present their work, give mini-workshops, and network. Their next meeting is Oct. 12, at 11 a.m. at Cannons event space above Smoketown Brewing.

The group quickly took several of the ideas and put their feet to the ground by scheduling October events. Using Railroad Days as an opportunity, they will show local artists' works

at several sites. Their booth will feature a "Free Little Art Gallery" where members provide small items to give away, and they will have a journal for people to write their ideas on what they would like an arts council to offer the community.

The Brunswick Heritage Museum will provide space for a viewing of the video "Defending Dark Skies" by Tara Roberts Zabriskie. The Museum and the Kaplon Building will also provide space where local artists can show and offer their art for sale. To participate, contact Sarah at frost.sarah@gmail.com or abbiericketts@comcast.net.

All are welcome

The arts council will be inclusive to all ages, creative styles and interests. They hope young and old will join to showcase and share. To learn more about the arts group, contact Sarah Frost at frost.sarah@gmail.com, attend their next meeting on Oct. 12, or visit their booth at Railroad Days on Oct. 5 and 6. ■

sale in the Legion lot with hundreds of bargain books.

On Sunday only, a local art display will be in the Kaplon Building at 102 W. Potomac St., sponsored by Canal Towns Partnership.

Downtown Shops are Open

Don't forget all the local businesses who count on Railroad

Days to showcase their products and services. Several new businesses, such as Potomac River Interiors, Maple & Rye Bakery, and Whistle Punk Deli & Market will be open for their first ever Railroad Days event.

Restaurants, antique dealers, and other downtown shops along Potomac Street will be open, offering Railroad Days discounts and special activities. ■

BRUNSWICK NEWS-JOURNAL

P.O. Box 74; Brunswick, MD 21716
240-409-7476 (please leave a message)
Editor@BrunsNews.com
www.BrunsNews.com

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ACE group (Advisors, Contributors, Editors):

- Julie Gourley
- Jean Doyle
- Bill Cauley
- Mark Rohner
- Abbie Ricketts
- Julie Maynard
- Jana Wagoner
- Laura Dvorak

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BRUNSWICK CITY COUNCIL

Mayor and Council September Update

By JULIE GOURLEY

Mayor Nathan Brown announced a new Equity and Inclusion Task Force that will need citizen members. Anyone interested in serving on this task force should email the mayor at NBrown@BrunswickMD.gov.

The mayor announced that the City Council will go back to presenting written reports from council members who are liaisons to outside organizations, such as the Brunswick Food Bank, the Brunswick Volunteer Ambulance Company, etc. Council members will spend a few minutes at each meeting highlighting key developments to bring attention to the various entities that citizens might not know much about. He added he would like to have a council liaison to the Smoketown Rotary Club.

The mayor further noted the upcoming Distinguished Citizens banquet and the coming Berlin/Brunswick sign that will go into the pocket park downtown. He also encouraged interested citizens to follow the Brunswick Elementary School redistricting process that will relieve overcrowding by sending some students to the new Valley Elementary School in Jefferson when it opens in the fall of 2025.

Proclamations

The Council approved several proclamations. "National Recovery Awareness and Frederick County Goes Purple Month" focuses on substance use disorders.

"National Suicide Prevention Awareness Month" focuses on, among other things, eliminating taboos around speaking openly about mental illness and suicide.

"National Preparedness Month" focuses on the importance of preparing and being ready for natural and human-made disasters, including having emergency supply kits at home.

Resolutions

The Council approved Resolution 2024-21 on the sale "as is" of the city building at 20 E. A Street that formerly housed the Brunswick Police Department and before that served as City Hall, among other historic functions.

The city determined that rehabilitating it for a public space

would be too expensive. Because it holds historic value for the city (although it is not a historic building) and is located within the historic district, all purchase offers will be brought back to the Council for review. Discussions on avoiding demolition and adding history signage will happen at that time.

Department Reports

Police Chief Kevin Grunwell reported that a recent theft at Sheetz led to a chase when the suspect fled and later crashed into a trailer; charges are pending. Asked about the uptick in thefts and service equipment repair orders (SEROs), compared to last year, Grunwell said there was nothing unusual going on. Council member Eric Smothers asked if the police department could break out citations into specific categories, rather than reporting them in general; Grunwell agreed. He encouraged the public to attend the Brunswick Police Department open house on September 17 at 6 p.m. where the Cadet Program will be featured.

Planning and Zoning Deputy Director Eric Martin reported that the Board of Zoning Appeals signed, with conditions, a resolution on the adaptive reuse of St. Francis church as a community center. The Planning Commission also approved, with conditions, the site plan for the new Brunswick Collision Center at 1200 N. Maple Avenue and approved the site plan for the B&O Railroad Park at 110 E. Potomac Street.

As the August 29 Board of Zoning Appeals meeting was the last one for Walt Stull, the city thanked him for his many years of service. Stull served on the City Council, the Planning Commission, and the Board of Zoning Appeals, and has long been an active member of the community in many volunteer roles, earning him a Distinguished Citizen award in 2022. Martin expressed "the gratitude of the city for all the work that he's done over the years."

Public Works Director John Gerstner said that he will also break out individual items and numbers in his reports so that the public will have a better under-

standing of what the department does. He mentioned ongoing street paving around town as well as sewer main jetting in Brunswick Crossing. A new sewer line camera will look into the trunk line between Brunswick Street and Brunswick Crossing that has had problems recently.

Utilities Director Matt Campbell reported that a tree was blocking the water intake pipe and screen; a drone revealed the blockage and utilities personnel dove into the river to clear it. Fats, oils and grease (FOG) were clogging lines on Central Avenue, requiring significant Public Works time to clear. Campbell asked again that the public avoid putting FOG down the drain. FOG flyers were included with water bills earlier this year explaining why this is important.

Assistant City Administrator Jeremy Mose reported that the city's non-native Norway spruce Christmas tree at Petersville Road and Maryland Avenue (near the bridge) is dying from a bark beetle infestation and the fungal disease "needle cast" (*Rhizosphaera*). The tree will be replaced with a native Virginia pine.

Director of Administration Carrie Myers explained that volunteers on the city's committees, boards and commissions often don't know what their purpose is. The Youth Advisory Committee in particular was the subject of a detailed discussion that followed. The Council will think more about suggestions Myers made to sunset some committees and improve volunteer participation on others. ■

FROM THE MAYOR'S DESK

Reflections on the New and the Old as Brunswick Revitalizes

September 17, 2024 was a day that will go down in the Brunswick history books. Our downtown welcomed five new businesses and one business relocation/expansion. All in ONE day! And there are MORE to come soon!

Excitement and energy were in the air. It was both refreshing and inspiring to hear the stories of the owners, the landlords, and the local and county representatives who all had a part in making this historic day come to pass. As they say, "it takes a village" and that is certainly the case here, as these businesses would have struggled to open without all of us working together.

We will never forget the importance of the buildings that stood for so long and housed the families and businesses that made us and keep us Brunswick Strong.

Many commented on the passion for Brunswick so evident on this day and the dedication and determination it takes to see a vision through to implementation. We are seeing those results throughout our beloved city and celebrating those core traits that not only built Brunswick but are still strong as we embrace a bright future.



As though carefully planned to make the point, the demolition of three buildings on West Potomac was juxtaposed with all the new beginnings being celebrated. Literally one building away from where we stood in the Newberry building, the skeletal remains of 6 to 20 West Potomac lay. It was surreal and sad as the lifecycle of change was before us.

Looking down the street towards Maple Avenue, the Meadows building stands in its naked state — in-between a boarded-up shell and a new beginning. It makes you value all the stages of revitalization. The new, the old and torn down, and the old with just enough life left to withstand a facelift. Each has its own significance.

The stories of revitalization that will come from places like the Newberry Building or the Meadows Building will be a part of our history now as will the brand-new buildings and developments. But we will never forget the importance of the buildings that stood for so long and housed the families and businesses that made us and keep us Brunswick Strong. ■

— Nathan Brown

Petersville Road Circle Fully Open



The roundabout on Petersville Road was fully opened in September when the barriers to Brunswick Crossing's Potomac View Parkway were removed. However, the origin of the soldier statues in the center of the traffic circle remains a mystery. The circle has now been informally named the "Soldiers' Circle" by passers-by.



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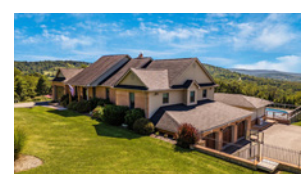
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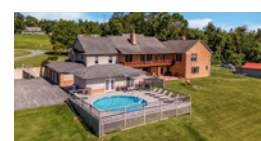


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Fire-Damaged Buildings Demolished



Demolition completed of fire-damaged buildings in the unit block of W. Potomac Street.

By **ABBIE RICKETTS**

Three burned-out buildings in the unit block of West Potomac Street that were home to downtown businesses and residents for many years have been torn down. The demolition of the historic properties was completed on September 17.

The buildings were severely damaged by a fire in February, 2019, and have remained vacant since. Local residents and downtown business owners had complained about safety issues with chunks of wood falling from the tops of the buildings.

The buildings were sold to T. Wesley Poss, who brokered the real estate transaction for the Lessler property where the new

housing apartment complex at Railroad Square is near completion. Poss had more recently wanted to donate the damaged buildings to the City of Brunswick, but city officials determined that the buildings were not able to be rehabilitated. They had been sitting empty with roofs open to the weather for many years.

According to City Administrator Julie Martorana, for now the space will be cleared and seeded until further development occurs. Commercial tenants must be located and signed on before rebuilding will happen. The City's Economic Development team will assist Poss in finding tenants.

The planned construction

of a playground for the apartment complex could not occur until the demolition of the Potomac Street buildings was completed.

Applications will be accepted sometime this fall for apartment rentals in the new building. Interfaith Housing is managing the properties and will be taking the applications. The interest list is still open, according to the website <https://www.interfaithhousing.org/>.

Renovation of the Meadows Building (also known as Mommer's) is scheduled to be completed late fall and will add two more apartments. Taft-Mills, the owner, is seeking a tenant for the first floor restaurant space. ■

BEHIND THE BADGE Officer Joel Storms



Officer First Class Joel Storms

Starting with this issue, the Brunswick News-Journal will periodically publish a "Behind the Badge" profile of a Brunswick police officer. With these profiles, the Brunswick community might come to better know their police officers and develop confidence and trust in the department that serves and protects everyone.

As Captain Andy Crone says, "It benefits everyone to build relationships with the community. We can't be everywhere all the time, so we need the public's help so that we can help the public."

By **JULIE GOURLEY**

Officer First Class Joel Storms joined the Brunswick Police Department (BPD) in August, 2016. He is currently assigned to patrol operations. You will see him around town in his cruiser. He also serves as a taser instructor and a license plate recognition operator.

Before joining the BPD, Officer

Storms worked as a 911 dispatcher with the Anne Arundel County Police Department.

During his time off, Officer Storms enjoys spending time with his family and fishing. "I enjoy getting to know the community and how close knit it is. I feel that overall the community and the BPD have a very good relationship," he said. ■

BRUNSWICK POLICE DEPARTMENT MONTHLY REPORT AUGUST 2024

TRAFFIC ENFORCEMENT ACTIVITY				
	Month	YTD	PY Month	PY YTD
Maryland State Citations	35	110	16	174
Maryland State SEROS	10	45	0	17
Warning Citations	132	626	51	674
Parking Citations (paper)	0	46	4	47

CRIME REPORT				
	Month	YTD	PY Month	PY YTD
Calls for Service	792	7,313	1,088	8,330
Homicide	0	1	0	0
Rape	0	2	0	3
Robbery	0	1	0	0
Assault	11	64	12	112
Breaking & Entering	2	8	2	8
Theft	2	31	5	15
Auto Theft	0	2	2	2
Adult Arrests	6	59	9	76
Juvenile Arrests	7	23	0	29

OTHER INCIDENTS				
	Month	YTD	PY Month	PY YTD
Motor Vehicle Accidents	10	90	8	84
Emergency Evaluations Mentally Ill/Suicidal Persons	7	56	3	38
Overdoses	0	9	0	4

YTD = year to date PY = previous year SEROS = safety equipment repair orders (a law enforcement officer can issue a SERO to the operator of a vehicle with defective or non-functioning equipment, such as a taillight)



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MUSHROOMS:

Nutrient Wonders in a Whimsical Form

By JEAN TOLEMAN

Mushrooms are like little fairy creatures. They pop up in our yards or nestle under leaf mulch on our walks. But mushrooms have much more to give than fond memories of childhood story time or woodland discoveries. They have hidden nutritional wonders built into their fleshy structures.

Mushrooms are technically not a vegetable, but for culinary purposes, they are considered one. They are the visible fruiting part (the sporophore) of certain fungi. The term “mushroom” is generally used to identify the edible varieties, while “toadstool” is used for the inedible or poisonous ones.

Mushrooms have been used for thousands of years by European, Asian and South American cultures. Hippocrates used them as an anti-inflammatory; Asian cultures have used them in recipes and for health issues for centuries; Native American tribes used them to heal wounds.

In the U.S., mushrooms started making inroads into diets in the late 1800s when French cooking became popular. Kennett Square, Pennsylvania, is where it all began. The story goes that a few Quaker flower producers, being economical, wanted to find a way to utilize space under their flower beds.

They were aware that Europeans were growing mushrooms, so they went there and brought back spores. The operation grew like wildfire. By the 1950s, Chester County had hundreds of mushroom farmers and it is now a major crop.

Mushrooms at Brunswick Farmers' Market

There are many edible mushrooms. From that lonely white button that used to be our sole option, there are now a wide variety of shapes, textures and flavors that are available at food stores and farmers' markets. Did you know that white button, cremini and portobello mushrooms are all the



Lions Mane and Oyster mushrooms.

same species (*Agaricus biporus*) at different stages of development?

Sean Walsh's Inspiration Acres stand at the Brunswick Farmers' Market has some exotic looking varieties. Sean and his fellow mushroom producers, Lane and Ben Karmioli, grow Lions Mane and three types of Oyster mushrooms — Blue, Italian and Golden.

While they may not look like something to eat, they are amazingly tasty and easy to prepare. Walsh said, “Peoples' response has been either, it is amazing to have you locally, thank you, or yuck, who would eat that? Generally, people have been very curious and willing to give them a try.”

Sean Walsh will be selling his Lions Mane and oyster mushrooms all winter at farmers' markets around the area. Inspiration Acres' mushrooms can also be sampled at Tapas on Main in Middletown. Learn more about Inspiration Acres and their mushroom farm at inspirationacres.com.

Beware of mushrooms found in nature! Morel mushroom hunting is popular in the spring, but hunting for wild mushrooms can be risky unless you have the experience to know what to look for. Many mushrooms contain deadly poison and can cause serious health issues within a few hours

of eating them. Symptoms include confusion, difficulty breathing, diarrhea, nausea, vomiting or sweating. Medical attention should be sought immediately. Unless you are a knowledgeable mushroom forager, stick with eating mushrooms from reliable sources.

Why include mushrooms in your diet?

Mushrooms contain a variety of vitamins and minerals including selenium, B vitamins, potassium and zinc, as well as some protein and fiber. But it is the polysaccharides, inosoles, polyphenols and carotenoids that they contain that appear to be the real super heroes.

Trying to cut back on your meat intake? Mushrooms are a great meat substitute. They are one of the few plant foods that contains the amino acid glutamate. This creates the savory rich taste of “umami,” the fifth basic taste (sweet, sour, bitter and salty being the other four). This flavor is most often associated with meat, cheese and fermented foods and gives a feeling of taste satisfaction and fullness. Their texture is also quite similar to meat. Replacing part of your meat intake with mushrooms keeps calories, fat, cholesterol and sodium down.

Concerned about getting enough vitamin D? If you are not a big dairy consumer, it can be quite

difficult to meet our bodies' vitamin D needs. Mushrooms contain ergosterol which turns into vitamin D when exposed to ultraviolet light or sunshine.

For gut health, mushrooms contain prebiotics, the foods that the beneficial bacteria in our guts need for growth and survival. Since prebiotics are not digested, they are able to move into the colon where many of these bacteria live. The gut is the gateway into the bloodstream and our organs so it plays a major role in maintaining a strong immune system and anti-inflammatory response.

Mushroom research in cancer treatment is ongoing and shows promising results. Research with animal and cell studies have shown some of the polysaccharides in mushrooms appear to stimulate the activity of immune cells, macrophages, and free radicals that can stop the growth and spread of tumor cells and cause existing tumor cells to die.

Even brain function shows benefits from including mushrooms in the diet. Research studies have shown that polyphenols in mushrooms offer some protection from mild cognitive impairment and other neurodegenerative changes associated with Alzheimer's and Parkinson's disease.

So, as you can see, the health benefits of mushrooms are numerous. But no one food is the

answer to all health issues. The variety of nutrients and non-nutrients in foods work together in a synergistic way that . . . bingo! supports and maintains a healthy brain, reduces inflammation, improves immune response, protects and maintains a healthy gut, heart health and fights cancer. Mushrooms in the diet are showing a role in all of these areas.

Mushrooms in the Kitchen

With temperatures cooling down, this is the perfect time of year to work mushrooms into your diet. Add them to soups, stews or sauces. Sauté them as a side dish. Since mushrooms are grown in controlled environments, they are available all year.

Select ones with firm caps and even texture. Keep them cool and dry by storing in an open container in the refrigerator until ready to use.

Clean right before using by brushing the dirt off with a damp paper towel, or place in a colander and rinse with running water.

A recipe for Mushroom Stroganoff is at “In the Kitchen” on page 14. ■



Lane Karmioli and Sean Walsh in front of the mushroom farm.

BENJAMIN WEISER, D.D.S., P.A.

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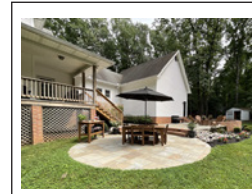
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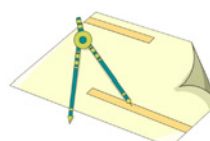


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BRUNSWICK NEWS

What is the Medicare Annual Enrollment Period?

By JEN PEPPE HAHN

October is the time of year for campfires, pumpkin patches, football, cozy blankets, and those persistent ads about the Medicare Annual Enrollment Period. What is it and why does it matter?

The Annual Enrollment Period (AEP) runs from October 15 to December 7 every year and applies to everyone who has Medicare. This is the time to enroll or make changes in your Part D (prescription drug plans) or Part C (Medicare Advantage plans).

Medicare Supplement Plans do not fall under AEP. Medicare Supplement/Medigap Plans are “get it and forget it” plans. Once you enroll, the only reason you can lose the plan is for non-payment. Because Medigap Plans are a supplement to Original Medicare, there are no networks and the benefits do not change every year; they are standardized plans where you can go anywhere that accepts Original Medicare, and you need no prior authorizations for services. Medigap Plans such as Plan G and Plan N pay the 20% of costs that Part B does not.

Prescription Drugs

Neither Original Medicare nor Medigap Plans cover prescription drugs. If you have chosen this track, you most likely enrolled in a stand-alone Medicare Part D plan. That’s where AEP comes in.

During this time you should make certain that your current Part D plan will remain the most suitable option for next year. Each January, most Part D plans make changes to their formularies (the list of drugs they cover) and the costs. Your plan will send out an Annual Notice of Change around September, signifying the changes coming in January. Many people do not read these, but everyone should. If your drugs are being removed or becoming extremely costly, see if there is a better fit. You do this by logging into your account on Medicare.gov and entering in the names of your drugs to view your options. Any change you make in your plan takes effect January 1.

New Benefits in 2025

The Inflation Reduction Act has been rolled out over the

Questions about Medicare or Medicare Advantage?

Email questions to editor@BrunswickNews.com and put “Medicare” in the subject line. Jen Peppe Hahn will answer your questions in the next issue of the Brunswick News-Journal. Names of questioners will not be used.

past few years. One of the big insurance changes for 2025 is that if you are Medicare age, your prescription drug costs will have a maximum out-of-pocket cap of \$2,000. A lot of people never get close to that amount, but for those with more expensive drugs this will be a game changer.

There will also be a new program called the Medicare Prescription Payment Plan (M3P). You have to opt into M3P; it won’t happen automatically. The M3P allows you to make payments over time for your meds instead of paying at the pharmacy. You will be billed an even monthly amount for your prescriptions so you are not hit all at once in January with a high deductible (\$590 in 2025) plus the remainder of your drug costs. This process is also called smoothing. While it will not lower your costs, it will create a more even payment plan.

Medicare Advantage

AEP also applies to those with Part C (Medicare Advantage) plans that include prescription coverage (MAPD Plans). If you have Part D or an MAPD Part C, make sure you check the upcoming changes on your Medicare.gov account. Those fall ads on TV are correct; you may be paying more than you have to for your plan. However, those ads are intended to sell you specific plans. Medicare.gov or your insurance broker will give you unbiased personalized information.

Jen Peppe Hahn is a Maryland-licensed independent insurance agent who specializes in Medicare and health insurance. She grew up in Frederick and has lived in Brunswick since 2005. View her website at jpeppenhahn.com. ■

Senior Center Happenings

By JEAN DOYLE

The Fall 2024 Activity Guide is on the Frederick County Division of Aging and Independence website. Registration is still open for all the Fall activities. Go to www.FrederickCountyMD.gov/DAI to see the options and to register. Payment may be made via the eStore on the website, or by check at the local 50+ Community Centers. Classes and programs begin the week of October 7.

Trips in October and November

Wednesday, Oct. 9 and 16—1:30-3:30: Wondering about that bird hanging around your yard? Join local birder Pat Caro for your answer. Day 1 is in the Frederick Center classroom. Day 2 is at Fountain Rock Park for nature observations. Transportation is provided from the Frederick Center to Rock Creek Park. Pre-register, \$5.

Tuesday, Oct. 15—Frederick Reads: Author Talk for the book “Why We Remember” 1:45 to approximately 3 p.m.: Neuroscientist and psychologist, Charan Ranganath, is one of the top memory researchers in the world. He will discuss his book and the powerful role memory plays in nearly every aspect of our lives. Frederick Community College, \$2 per person (includes ticket & transportation from the Frederick Senior Center). Register by Oct. 9.

Friday, Oct. 25—Fort Frederick State Park, 8:45 a.m. — approximately 3:30 p.m.: Explore the 585-acre park that borders the Potomac River. See the only stone fort built by a British colony during the French and Indian War. Enjoy ranger-guided activities while learning about the fort. Cost \$30, bring your lunch and water. Leaves from Frederick Senior Center. Register by October 11.

Seniors in the Park

Friday, Oct.—Oktoberfest: 10 a.m.–2 p.m. Enjoy activities including Bavarian hat/headband craft, stein holding contest, barrel rolling, pretzel toss, lunch, musical entertainment, draft root beers and pretzel snacks. \$5 pre-registration required by Wednesday, Oct. 2. Located at Browning Building, Pinecliff Park, 8350 Pinecliff Park Road, Frederick.

Friday, Nov. 8—Friendsgiving Gathering: 11:30 a.m.–1:30 p.m. Enjoy a Thanksgiving meal and entertainment at Carriage House Restaurant, 200 S. Seton Avenue, Emmitsburg. \$10 pre-registration required by October 25.

*Note: Scheduled trips fill up quickly. To be included on any trip it is best to register as soon as the in-person trip registration opens.

Brunswick Senior Center Highlights

Thursday, Oct. 10, monthly Dinner Dance, 2–5 p.m., at Brunswick Eagles, Central Avenue, \$12 per person, pre-register, call 301-834-8115 for details.

Tuesday, Oct. 1 at 11 a.m., Fire Rescue program and Blood Pressure Screening with a presentation on Cooking Safety.

Tuesdays, noon, free lunch program, pre-register at least 2 days in advance. On Oct. 8 celebrate October Birthdays along with lunch.

Mondays, 2:30–3:30 at Brunswick Library, Knotty Knit Picky Intergenerational Yarn Arts Group. Learn to knit or crochet/ teach others/ share your skills and socialize.

Tuesday, Oct. 15 at 11 a.m., Crafts with Michelle; pre-register \$1 per session, all supplies provided.

Wednesday, Oct. 2, Diamond Dot Fun, 1–3 p.m. \$5 per session or \$10 for the series, all supplies provided, pre-register.

Thursday, Oct. 24, 1–2 p.m. Nutrition Program with Weis Market Nutritionist, topic is Artificial Sweeteners and Added Sugar.

Thursday, Oct. 31 at noon: Lunch Out with Friends. This month is Bonnie’s Kitchen. Pre-register at the Center, 301-834-8115, and bring money for lunch.

Thursdays, Bingo: 10 a.m.–11:30 a.m., free, pre-register at 301-834-8115.

Brunswick Exercise Programs

Line Dancing — Mondays, 10–11 a.m., \$35 for the Fall Session, Register at eStore or at Brunswick 50+Community Center.

Strength and Stretch-Hybrid — Tuesday and/or Thursday, 9–10 a.m. at the Brunswick City Park Building, \$35 for 1 day per session, \$70 for 2 days per session, Register at eStore or at Brunswick 50+Community Center.

Pickleball — Wednesdays and Saturdays, 9-11 a.m. at Brunswick City Park Tennis and Pickleball Courts, play for fun and exercise, all skill levels welcomed, free drop-in.

Caregiver Support Program

Wednesday, Oct. 9 at 10 a.m. or Friday, Nov. 15, at 1 p.m. or Monday, December 9 at 2 p.m. — **Dementia Live**, a simulation experience that immerses participants into life with dementia.

Free, to register email: DementiaFriendlyFrederick@FrederickCountyMd.gov, or call 301-600-6022; presented by Daybreak Adult Day Services and the Division of Aging and Independence, held at Daybreak Adult Day Services.

Virtual Programs

There is such a wide variety of virtual programs — ranging from Living Healthy topics, Medicare and State Health Insurance Assistance Program, Financial Wellness for Women in Retirement, Tech Help for Seniors, and so many more. Check out the Fall catalogue and register at VirtualSeniorCenter@FrederickCountyMD.gov.

If you aren’t receiving weekly email reminders of Brunswick Senior Center activities contact JMayne@FrederickCountyMD.gov to get on her email list.

Don’t forget the annual Elder Expo on October 3 at the Frederick Health Village, 1 Frederick Health Way. The Expo is presented by the Elder Service Provider Council of Frederick and includes information from service providers throughout the county. ■

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LOCAL NEWS

ELECTION WATCH 2024 Voting in the November 5 Election

By DIANE ELLIS

The Presidential Election is almost here. This is a run-down of voting procedures in Maryland and a summary of the political offices and questions that are on the ballot. The Frederick County Board of Elections has more detailed information about voting on their website at: FrederickCountyMD.gov/8665/2024-Presidential-Election.

What's on the Ballot

Frederick County residents will be voting on candidates for federal, state, and county offices including:

- **President of the United States**
- **U.S. Senator for Maryland**
- **U.S. Congressional Representative for District 6**
- **Frederick County Board of Education**
- **One Justice to the Maryland Supreme Court**
- **Two Judges for the Appellate Court of Maryland**

Useful web sites for the upcoming election

- FrederickCountyMD.gov/8665/2024-Presidential-Election
- Elections.maryland.gov
- Vote411.org
- VOTE.gov

In addition, there will be ballot questions. Question 1 is a State of Maryland Constitutional Amendment that would confirm an individual's right to reproductive freedom. Questions B and C are amendments to the Frederick County charter.

The Official Ballot for Frederick County is reproduced below and shows names of candidates, party affiliations, and other details.

Voter Registration

Before you can vote in Maryland, you must be registered. Although people as young as 16 can register, you must be 18 by Nov. 5 to vote in this year's presidential election. You must be a U.S. citizen and a Maryland resident. The advanced deadline to register to vote, update your address,

or change your party affiliation is October 15, but registrations are accepted through Election Day.

If you recently moved here or if you have never registered to vote in Frederick County, there are several easy options to get registered:

- To receive an application, call the Frederick County Board of Elections at 301-600-8683, or visit them at 340A Montevue Lane, Frederick.
- Register online using Maryland's Online Voter Registration System at www.elections.maryland.gov.
- This website also lists places to go locally for voter registration. In Brunswick, the League of Women Voters will have a voter registration table at Railroad Days, Oct. 5-6. They will register voters at the Brunswick Library on Oct. 19 from 11 a.m.-noon and Oct. 23 from 6-7 p.m.
- Register or update your information during early voting or on election day.

For all options, bring a document that proves where you live, such as your Maryland driver's license, an ID card, paycheck, utility bill, or a government document with your name and current address.

Early Voting

Early voting for the 2024 Presidential Election in Maryland is Thursday, October 24 through Thursday, October 31. Early Voting sites are open 7 a.m. – 8 p.m. daily, including Saturday and Sunday.

There are four Early Voting Centers in Frederick County. You can stop at any of them to cast your ballot in person during the early voting period. They are located at:

- **Frederick Prospect Center**
(Use entrance G off Himes Avenue)
585 Himes Avenue, Frederick
- **Urbana Regional Library**
9020 Amelung Street, Frederick
- **Thurmont Regional Library**
76 East Moser Road, Thurmont
- **Middletown VFD Activities Building**
1 Fireman's Lane, Middletown

Here (left and right) are sides 1 and 2 of a Frederick County, MD sample ballot, which includes the candidates and questions voters will be asked to decide on.

Election Day Voting

Election Day polling places for the Presidential Election will be open Tuesday, November 5, from 7 a.m. – 8 p.m. If you are not sure where your assigned polling place is, look on your voter notification card or go to this website: voterservices.elections.maryland.gov/Polling-PlaceSearch.

Mail-In Voting

Mail-in voting (previously known as absentee voting) can be done by any registered voter, but you must request a mail-in ballot. There are three ways to do this:

- Go to this website: elections.maryland.gov/voting/absentee.html. Fill out the form online. You must have a Maryland driver's license or MVA-issued ID card to apply online.
- Download a mail-in ballot application by going to frederickcountymd.gov/1671/forms. Print the application, sign it, and return it to the Frederick County Board of Elections.
- Go directly to the Frederick County Board of Elections at 340A Montevue Lane, Frederick.

ick, and fill out the form.

If you want to receive your ballot by mail, your request must be received (not just mailed) by October 29.

There will be instructions with your ballot on how to fill it out and return it. Once you fill it out, you can return it by either U.S. mail or by taking it to any ballot drop box location. You cannot email or fax your voted mail-in ballot.

Ballot Drop Boxes


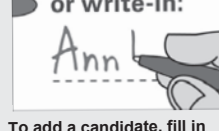
In Frederick County there will be 10 convenient, secure, and monitored locations to drop your ballot. Ballot drop boxes are under 24-hour surveillance. Ballots must be placed in a drop box or postmarked by 8 p.m. on Election Day. In the Brunswick area, there will be one drop box and it will be located at Brunswick Middle School. For other drop box locations, see: frederickcountymd.gov/8233/Ballot-Drop-Boxes.


If you still have questions about voting procedures, call the Frederick County Board of Elections at 301-600-VOTE or 301-600-8683. ■

Official Ballot
Presidential General Election
November 5, 2024


State of Maryland, Frederick County

BS 64
025-001

<p>Instructions</p> <p>Making Selections</p>  <p>Fill in the oval to the left of the name of your choice. You must blacken the oval completely, and do not make any marks outside of the oval. You do not have to vote in every race.</p> <p>Do not cross out or erase, or your vote may not count. If you make a mistake or a stray mark, you may ask for a new ballot.</p> <p>Optional write-in</p> <p>or write-in:</p>  <p>To add a candidate, fill in the oval to the left of "or write-in" and print the name clearly on the dotted line.</p>	<p>President and Vice President of the United States Vote for 1</p> <p><input type="radio"/> Kamala D. Harris and Tim Walz Democratic</p> <p><input type="radio"/> Donald J. Trump and JD Vance Republican</p> <p><input type="radio"/> Chase Oliver and Mike ter Maat Libertarian</p> <p><input type="radio"/> Jill Ellen Stein and Rudolph Ware Green</p> <p><input type="radio"/> Robert F. Kennedy, Jr. and Nicole Shanahan Unaffiliated</p> <p><input type="radio"/> or write-in:</p>	<p>Justice, Supreme Court of Maryland Circuit 3 Matthew J. Fader Vote Yes or No For Continuance in Office</p> <p><input type="radio"/> Yes</p> <p><input type="radio"/> No</p>
	<p>U.S. Senator Vote for 1</p> <p><input type="radio"/> Angela Alsobrooks Democratic</p> <p><input type="radio"/> Larry Hogan Republican</p> <p><input type="radio"/> Mike Scott Libertarian</p> <p><input type="radio"/> or write-in:</p>	<p>Judge, Appellate Court of Maryland At Large Kevin F. Arthur Vote Yes or No For Continuance in Office</p> <p><input type="radio"/> Yes</p> <p><input type="radio"/> No</p>
	<p>Representative in Congress District 6 Vote for 1</p> <p><input type="radio"/> April McClain Delaney Democratic</p> <p><input type="radio"/> Neil C. Parrott Republican</p> <p><input type="radio"/> or write-in:</p>	<p>Judge, Appellate Court of Maryland At Large Andrea M. Leahy Vote Yes or No For Continuance in Office</p> <p><input type="radio"/> Yes</p> <p><input type="radio"/> No</p>
	<p>Judge of the Circuit Court Circuit 6 Vote for 1</p> <p><input type="radio"/> Joanmarie Raymond Brubaker</p> <p><input type="radio"/> or write-in:</p>	

Vote Both Sides 

<p>Non-Partisan Contest Candidates in this contest may or may not be affiliated with any political party</p> <p>Board of Education Vote for up to 3</p> <p><input type="radio"/> Colt Morningstar Black</p> <p><input type="radio"/> Josh Bokee</p> <p><input type="radio"/> Jaime Kiersten Brennan</p> <p><input type="radio"/> Veronica D. Lowe</p> <p><input type="radio"/> Janie Monier</p> <p><input type="radio"/> Chad King Wilson, Sr.</p> <p><input type="radio"/> or write-in:</p> <p><input type="radio"/> or write-in:</p> <p><input type="radio"/> or write-in:</p>	<p>Question B Charter Amendment Change in Appointment and Removal of Department Heads and Others</p> <p>This Charter Amendment would grant the County Council authority to remove the head of a Department, Agency, or Office appointed by the County Executive, after a public hearing and upon the affirmative vote of at least 5 Council Members.</p> <p><input type="radio"/> For the Charter Amendment</p> <p><input type="radio"/> Against the Charter Amendment</p>
<p>Question 1 Constitutional Amendment (Ch. 245 of the 2023 Legislative Session) Declaration of Rights - Right to Reproductive Freedom</p> <p>The proposed amendment confirms an individual's fundamental right to reproductive freedom, including but not limited to the ability to make and effectuate decisions to prevent, continue, or end the individual's pregnancy, and provides the State may not, directly or indirectly, deny, burden, or abridge, the right unless justified by a compelling State interest achieved by the least restrictive means.</p> <p>(Adding Article 48 to the Maryland Declaration of Rights)</p> <p><input type="radio"/> For the Constitutional Amendment</p> <p><input type="radio"/> Against the Constitutional Amendment</p>	
<p>Question A Charter Amendment Change in Budget and Finance, Supplemental Appropriation procedure</p> <p>This Charter Amendment would require the County Council to hold a public hearing for any supplemental budget appropriation to the General Fund, recommended by the County Executive, that is in excess of \$1,000,000.</p> <p><input type="radio"/> For the Charter Amendment</p> <p><input type="radio"/> Against the Charter Amendment</p>	

End of Ballot 

Voters' Guide and Candidate Forums From the League of Women Voters

By DIANE ELLIS

Voters' guides and candidate forums are among the best ways to figure out which candidates deserve your vote. The League of Women Voters has been providing these election tools for decades.

The League of Women Voters is a nonpartisan political organization that encourages informed and active participation in government and works to increase understanding of public policy issues.

It has been in existence since 1920 and operates at the national, state and local levels in all 50 states. They never endorse or oppose political parties or candidates, but provide very useful information to voters who seek a better understanding of candidates and issues.

Voters' Guide

The League of Women Voters Frederick County (LWVFC) publishes the online Voters' Guide. It is now available for the November election at Vote411.org. A printed Voters' Guide will be available on October 19. It will



be distributed to all Frederick News-Post subscribers and will also be available in county libraries, YMCAs, some senior centers and other places. A Spanish Voters' Guide will be available by October 24 and will be distributed to various places with high concentrations of Spanish speakers.

The Voters' Guide publishes verbatim responses of candidates to questions about their qualifications and issues important to voters. It also explains the ballot questions and offers other useful information about voting in Frederick County.

Candidate Forums

Two candidate forums will be co-hosted by the League of Women Voters and Hood College:

- **October 6 — Candidates' Forum for Maryland's 6th Congressional district:** April McClain Delaney and Neil Parrott.

- **October 20 — Candidates' Forum for the six candidates for Frederick County Board of Education.**

Both forums will be in the Hodson Auditorium in Rosentock Hall, at Hood College. The events begin at 2 p.m. with a candidate meet and greet, and the

forums will begin at 3 p.m. with a live in-person audience.

Dr. Betty Mayfield, Hood College professor emerita of mathematics and LWVFC member, will moderate the Oct. 6 forum. Dr. Sara Malec, Hood College math professor and LWVFC member, will moderate the Oct. 20 forum. The Candidate Forum Team is led by Nanette Hobson and Jim Filson.

The forums will be streamed live online (YouTube) and will be recorded for future viewing. All links and details will be on the League website (my.lwv.org/maryland/frederick-county).

Prior to the forums, residents of Frederick County can email questions for Board of Education candidates to lwvoffc@gmail.com. Put the words "2024 Forum Questions" in the subject line of your email. The deadline for receipt of questions is October 14.

Voter Information in Brunswick

The League of Women Voters will have a table at Brunswick Railroad Days on Saturday and Sunday, October 5 and 6, from 11:00 a.m. – 5:00 pm, to register voters and answer questions about the upcoming election.

The League will also have voter registration and information at the Brunswick Library on October 19 from 11 a.m. – noon and on October 23 from 6–7 p.m.

More Information

More information on the League of Women Voters Frederick County is available at my.lwv.org/maryland/frederick-county or go to Facebook.com/FrederickCountyLWV. ■

Searching for a New Best Friend? Tips for Adopting a Pet in Frederick County

By EMILY JONES

Deciding to adopt a pet is a significant decision that can bring immense joy and companionship into your life. It is also a significant responsibility to provide a loving, permanent home for a new furry friend. Here's a quick guide to help you navigate the pet adoption process in Frederick County smoothly.

Things to Consider

Before heading to the Frederick County Animal Shelter, there's a few key factors to consider to ensure adopting a pet aligns with your lifestyle and capabilities.

1. Type of Pet: Determine what type of pet suits your living situation and lifestyle. Whether you're interested in adopting a dog, cat, rabbit, or another animal, consider factors such as space, activity level and time commitment required for care.

2. Time and Commitment: Pets require time and attention for feeding, exercise, grooming and social interaction. Assess whether you have the bandwidth to commit to their needs on a daily basis.

3. Financial Responsibility: Owning a pet comes with financial responsibilities, including food, veterinary care, grooming and potential emergencies. Ensure you can afford these expenses comfortably.

4. Family Compatibility: If you have children or other pets, consider how a new pet will integrate into your household dynamics.

Deciding to adopt a pet is a significant decision that can bring immense joy and companionship into your life. It is also a significant responsibility...

Here's a quick guide to help you navigate the pet adoption process.

Some pets may require specific handling or interactions.

5. Long-term Commitment: Pets, especially dogs and cats, can live for many years. Ensure you are ready for the long-term commitment of caring for a pet throughout its life stages.

Adoption Process at Frederick County Animal Shelter

The Frederick County Animal Shelter's streamlined adoption process helps potential animal guardians find their perfect match.

1. Visit the Shelter: Start by visiting the Frederick County Animal Shelter during their open hours. This allows you to meet the available pets and interact with them to gauge compatibility.



Emily and her cat, Nola, adopted from the Frederick County Animal Shelter six years ago.

2. Meet with Adoption Counselors: The shelter staff includes adoption counselors who can provide guidance and help match you with a pet that fits your lifestyle and preferences. They can also answer questions about the adoption process and pet care.

3. Complete an Adoption Application: Once you've found a pet you're interested in adopting, you'll need to fill out an adoption

application. This form typically asks for basic information about your living situation and experience with pets.

4. Interview and Screening: Some shelters may conduct interviews or screenings to ensure that the pet is going to a suitable home. This step helps match pets with adopters who can provide the necessary care and environment.

5. Pay Adoption Fees: Adoption fees at the Frederick County Animal Shelter typically cover spaying/neutering, vaccinations, and microchipping of the pet. The fee varies depending on the type of pet and their age.

6. Take Your Pet Home: Once your adoption application is approved and fees are paid, you can take your new pet home! The shelter may provide information on the pet's health history, recommended care and tips for a smooth transition.

Additional Tips for a Successful Adoption

- **Prepare Your Home:** Before bringing your new pet home, set up a designated area with necessary supplies such as food, water bowls, bedding and toys.

- **Introduce Gradually:** Allow time for your new pet to adjust to their new surroundings and family members. Provide a quiet space initially and gradually introduce them to other areas of your home.

- **Follow-Up Veterinary Care:** Schedule a veterinary check-up soon after adoption to ensure your pet is healthy and to discuss ongoing care, vaccinations and any necessary treatments.

- **Training and Socialization:** Depending on the pet's age and background, consider investing time in training and socializing them to help them adapt to their new life more easily. ■

OPINION

PUBLISHER'S EDITORIAL

Our duty as citizens is to

VOTE

Tuesday, November 5, 2024

See page 8 for details.

How to send a Letter to the Editor

Letters intended for publication should be emailed to editor@brunsnews.com. Please include your name, town and phone number (phone numbers will not be published). Letters may be edited for grammar, length and content. We do not publish anonymous letters. Unpublished letters cannot be acknowledged. DEADLINE: the 18th of each month.

LETTERS TO THE EDITOR

Learning from the Past

A couple months ago, I attended a hearing of the Maryland Lynching Truth and Reconciliation Commission in Frederick. The Maryland State Legislature created this Commission because of the simple truth that those who don't know the past will likely repeat it.

I learned there were three documented lynchings in Frederick County. In 1879, James Carroll was lynched across the road from the Point of Rocks train station. I now know, thanks to this paper's 100 Years Ago column, that the KKK marched through Brunswick around that time.

This helps me understand why that time period could involve the horrible, vigilante crime of lynching. I am not celebrating racist hate by discovering this event but instead learning how to avoid it in the future.

We have a much broader, more open community now and an easier place for all to live.

Robert Hanson, Jefferson

Good evening! I have just taken the time to look through the wonderful Brunswick News-Journal this month, and I couldn't help but notice the "History Complaints" section in the "Letters to the Editor" column.

I do agree very much with the sentiment shared by Andrea Jarrell and Brad Rourke; however, I chose not to say anything due to the fact that I do agree we should look back on history without a censor. That being said, the most inappropriate part of the publishing of a neutral Ku Klux Klan article from 100 years ago is that it was published for the February edition of the newspaper, during Black History Month. I recall there was maybe one article in that edition regarding Black History Month, yet a whole page dedicated to a day in history mostly discussing the KKK and, in turn, monopolizing the attention of the reader.

I find Brunswick to be a very inclusive community and I very much look forward to receiving this newspaper. The publisher's response to the concerns expressed in the history section glossed over the fact that the KKK was a terrorist organization that directly targeted black people, among others.

While we should not be censoring the past, I would hope that the editors of the Brunswick News-Journal would be a little more aware of those in our community who 100 years ago would be terrorized — and much worse — by the KKK. Even a footnote at the bottom of the page noting that the Brunswick News-Journal does not hold a "neutral" stance on the KKK would be sufficient.

Finally, per the publisher's response to the concerns, I am very happy with how far we have come. I am happier to know that we can continue to make strides today for a community that celebrates our differences and grieves our checkered past. I would hope a comment indicating that the Brunswick News-Journal is happy about how far we have come would be depicted on articles about the KKK, not to our community who expresses a valid concern regarding the article.

Allyson Shaw, Brunswick



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Steffanie McCombs, CRNP



Heather Jones, CRNP



Joseph Asuncion, MD

FREDERICK COUNTY NEWS

FROM THE COUNTY EXECUTIVE'S OFFICE

With cooling temperatures and changing leaves, October is a season of transformation. It's a time to appreciate how far we've come and to plan for the future. In Frederick County, we have been focusing on initiatives that will impact us all.

I'm excited to share updates on opportunities for civic engagement and ways you can help contribute to the continued growth and vitality of our community. Let's make the most of this season of change by staying informed, getting involved, and continuing to support one other.



County Executive Jessica Fitzwater

Critical Digital Infrastructure

Earlier this year, the Frederick County Data Centers Workgroup released recommendations intended to guide public policy so that any data center development occurs responsibly and in the best interests of Frederick County residents.

As a direct result of the recommendations provided by this workgroup, I recently unveiled two pieces of draft legislation that would put restrictions on where data centers can be built.

The first piece of legislation updates Frederick County's existing Critical Digital Infrastructure zoning law to consider visual impacts, noise, and sustainability practices. The second bill creates a floating zone for Critical Digital Infrastructure that could only be applied to land zoned as general industrial or limited industrial and is within a community growth area, among other restrictions.

In the end, our goal is the same: to ensure data center development occurs responsibly.

While I have concerns about the floating zone, I respect the public process and the workgroup's final report. It is important that the discussion about data centers continues in a public forum.

As such, I have asked the County Council to hold a workshop on the legislation during its October 8 work session. Stay tuned for more information about this legislation and public sessions.

I appreciate the work of the Data Center Workgroup. They invested a substantial amount

of time and effort to develop recommendations and worked diligently to find common ground, despite diverse and sometimes competing viewpoints.

Transmission Line Meeting — October 9 at 6 pm

Many residents have rightfully expressed concerns about the proposed Piedmont Reliability Project, a transmission line that will cross Baltimore, Carroll, and Frederick Counties. I appreciate the community's input and share many of the same concerns.

It is incredibly important for us to understand this project and its potential impact on our neighborhoods, agricultural land, and historic landmarks. Right now, we have more questions than answers.

That's why the County Council and I called on the Public Service Enterprise Group (PSEG), the company managing this project, to conduct a more inclusive and transparent process that is responsive to input from residents.

I am glad to report that PSEG heard our requests, and I am convening a public meeting with PSEG officials on Wednesday, October 9, from 6–10 p.m. at Oakdale High School. I encourage everyone to attend to learn more and share feedback. Together, we will continue working to ensure our communities are protected and our concerns are heard.

Consolidated Transportation Program Meeting — October 16 at 7 p.m.

It has long been a priority for

Frederick County to improve safety on U.S. 15. The stretch from Interstate 70 to Md. Route 26 needs critical safety upgrades to eliminate dangerous conditions and provide sound and safety barriers. I am committed to advocating for the funding needed for this project and to address other safety and traffic concerns in our community.

Unfortunately, the recently released Maryland Department of Transportation (MDOT) draft Consolidated Transportation Program (CTP) for Fiscal Years 2025–2030 effectively halts the U.S. 15 safety project by not including \$14.3 million for its construction.

This project is vital to the safety and well-being of our community. I encourage residents to join me in sharing feedback with MDOT officials regarding the draft CTP during a public meeting on Wednesday, October 16, at 7 p.m. The meeting will be held in Winchester Hall, 12 E. Church Street in Frederick.

Our voice is strongest when we advocate together, and the U.S. 15 project already has broad-bipartisan support in our community. I remain committed to ensuring we receive adequate funding to continue improving transit services so that all residents and businesses can thrive.

Rural Broadband Meetings

As part of Frederick County's ongoing efforts to bridge the digital divide, we will be hosting meetings throughout the county to share information with residents about various grant opportunities for expanding broadband access in rural areas. The first meeting was held in Emmitsburg on September 18.

The schedule for the remaining meetings is as follows. Each meeting will begin at 7:00 p.m.

- **October 3: Libertytown** — Liberty Volunteer Fire, 12027 South St., Libertytown, Md.
- **October 10: Adamstown** — Carroll Manor, 2795 Adams St., Adamstown, Md.
- **October 16: Myersville** — Myersville Volunteer Fire, 301 Main St., Myersville, Md.

I encourage interested resi-

dents to attend to learn how the grants can help bring high-speed internet to rural areas of the county. For those who cannot attend in person, a recording will be made available for viewing on FCG TV, channels 1072 and 19, and online at www.FrederickCountyMD.gov/FCGTV.

These grant opportunities are

part of a broader county-wide initiative aimed at enhancing telecommunications infrastructure to ensure rural residents are not left behind in an increasingly digital world. Improving broadband access can help ensure equal opportunities for Frederick County residents, regardless of where they live. ■

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Square Corner Park, 1 E. Potomac Street
20th annual flat out-and-back mile

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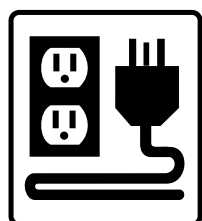
Meet The Creepies



There will be more than 20 monsters and weirdos to scare your wits out starting on Saturday, October 27 at the Milltown Haunt. Just 4 1/2 miles from the Lovettsville Community Center at 13936 Milltown Road. Come join the fun(?).

The Haunt is on the Twin Maple Farm of Ghorley & Sarah Gregg which they have been revitalizing for the past 3 years. See www.MilltownHaunt.com.

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FREDERICK COUNTY NEWS

Data Center Summit Draws Sold-Out Crowd

By JULIE GOURLEY

The Maryland Tech Council held the first-ever Maryland Data Center Summit on August 29 at Frederick Community College. The Council sold out all of the 350 tickets.

The day-long conference had four sessions, a keynote panel, and a lunchtime “fireside chat.” The title sponsor, Quantum Loophole, and its two current land-owning tenants, Rowan Digital Infrastructure and Aligned Data Centers, made the case for why data centers are good for Maryland from job creation to tax revenue, putting a brownfield back into use, and investing in the community.

The remaining speakers had direct or indirect ties to the data center industry including industry consultants, the electric power sector, state and county governments, the education world, the construction industry, worker unions, the broadband industry, and local business leaders. Notably absent were representatives of the environmental and sustainability communities, opposition groups, and question-and-answer sessions.

Positivity Inside

The mood was upbeat and positive, with speakers promoting the benefits of data centers for the county and state.

Rowan and Aligned representatives spoke of Quantum Loophole’s “Master Planned Community” as having everything in place (power, water and sewer, fiber, etc.) so data centers are “move in ready” once built. Quantum Loophole promoted its environmental focus at the Adamstown campus such as its 600-acre nature reserve, native tree and other plantings to manage water incursions, its smaller carbon footprint compared to both the Eastalco factory and farming, and its focus on attracting data centers that prioritize clean energy to power operations.

Others spoke of Quantum Loophole’s generosity to the community, such as creating a scholarship fund in the Community Foundation of Frederick

County, along with Aligned’s and Rowan’s support for training to create a data center workforce that can work and live in Frederick County, and partnerships with local businesses and schools. Putting Frederick County at the forefront of data center evolution through master planned communities was touted as a source of pride for the county and the state.

There was no mention of Quantum Loophole’s numerous citations and fines from the Maryland Department of the Environment for violations of environmental laws.

The available land in Frederick County was cited as a reason Maryland is attractive to the data center industry. It allows for master planning that in turn provides space to have proper setbacks and vegetative cover to protect viewscapes and provide recreational opportunities such as trails. These positives were contrasted with “data center alley” in Northern Virginia that Buddy Rizer, Director of Economic Development for Loudoun County, admitted could have been planned better.

Dan Golding of the Appleby Strategy Group said a major benefit to Loudoun County is that public schools are fully funded and “Maryland has a chance to do something amazing” with data centers bringing new revenue to the state.

Eric Luedtke of Governor Moore’s Legislative Office spoke of the clean energy innovations the state is sponsoring, such as offshore wind, solar (including the community solar registry), small modular reactors (nuclear), hydrogen, and aggressive storage goals. He said that the main challenge is energy transmission and distribution, and that the state must double the grid capacity to meet clean energy goals, but this would be the case even without data centers in the state.

Several speakers acknowledged power and water are major challenges for the data center industry worldwide. The closure of the Brandon Shores coal-fired power plant near Baltimore, the PEPCO coal-fired plant near Dickerson, and others have caused power supply shortages at the same time that Maryland imports the large majority of its power from nearby states.

Opposition Outside

Outside the FCC theater during the lunch break, about 70 people demonstrated against the Maryland Piedmont Reliability Proj-



Demonstrators who are seeking stronger regulation of data centers and the power they require gather outside the Maryland Tech Council Data Center Summit.

ect (MPRP) high voltage power line. The MPRP will run about 80 miles from the Peach Bottom nuclear power plant in southern Pennsylvania through Baltimore, Carroll and Frederick counties to the Doubs power substation near Adamstown.

Scott Noteboom and Rich Paul-Hus of Quantum Loophole engaged with some of the protesters who pressed their view that the main reason for the MPRP is to support data center load growth in Northern Virginia and second-

arily at the Quantum Loophole campus. Speakers in the afternoon sessions acknowledged the protesters and applauded Noteboom and Paul-Hus’s efforts, saying that dialog with the public should continue even though not all can be persuaded to support the power line and data centers in Frederick County.

The MPRP has generated such intense opposition in all three counties that the Frederick County Council and County Executive Jessica Fitzwater wrote a letter to the Maryland Public Service Commission (PSC) expressing opposition to the “current proposals for the alignment of the new 70-mile 500kV transmission line...” and “the potential use of eminent domain by the utility to complete the proj-

ect...” The letter does not object to the MPRP per se, but rather to its route proposals because they do not reflect the public’s concerns and have dismissed using existing rights-of-way to avoid using new land (aka “greenfields”). The letter is silent on data center issues tied to the MPRP.

Fitzwater encourages all Frederick County residents to inform the PSC of their views about the MPRP.

Summit to Continue

The Maryland Tech Council considered this inaugural data center summit to be so successful that it will host a second one on August 28, 2025, at the Maryland Live Casino and Hotel in Hanover. ■



Summit attendees walk past demonstrators who are seeking stronger regulation of data centers and the power they require.

New Associate Pastor at Jefferson United Methodist Church

Bishop LaTrelle Easterling has appointed Mark Jarema as the new Associate Pastor for Jefferson United Methodist Church in Jefferson. He officially began his journey in Jefferson on July 1.

Pastor Mark brings a fresh perspective to the church. A recent graduate from Metro Baltimore Seminary, he is passionate about making his work relevant to everyday lives. He is dedicated to making the gospel accessible, fun and practical, ensuring that every message resonates and empowers people to live out their faith.

An inspiring aspect of Pastor Mark’s ministry is his commitment to creating an inclusive and diverse church family. He believes our differences make us stronger and that a church should be where everyone feels welcomed and valued. His desire to form personal connections with each congregation member shows his genuine care for everyone’s spiritual journey.

Instructor, speaker, author

Beyond his pastoral duties, Pastor Mark has a background as an instructor for the National Security Agency and a sought-after speaker within the intelligence community. His voice has reached tens of thousands across



Associate Pastor Mark Jarema

over 20 countries, inspiring them to step into their God-given potential.

As an author, his latest book, *Hit Your Mark & Live the Life You Love*, offers insights into living a life of purpose and fulfillment. But what indeed endears him to many is his love for old-time hymns, a passion that led him to produce a beautiful music album featuring 60 talented musicians.

Jefferson United Methodist Church is located at 3882 Jefferson Pike. Meet Pastor Mark personally at worship services on Saturdays at 6:00 p.m. or Sundays at 9:00 a.m. To learn more about the church and its plans, visit the website at www.jumcmd.org. ■



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It's October. Got Berries?

By MARIANNE WILLBURN

Autumn berries are colorful. They are abundant. They are also incredibly difficult to define. Many edible fruits that we culturally consider berries, botanically speaking, just aren't (such as blueberry). Still others that we consider fruit, or even vegetable (such as avocado), are botanically, berries.

Fortunately, enjoying a spray of holly berries in an autumn wreath is not dependent on whether or not you know they are actually multi-seeded drupes. Let's leave such pedanticism to hard-working botanists, and instead work with the commonly held definition of berries as small, often very colorful fruits that adorn the branches of some of our most beloved shrubs and small trees.

If a quick scan of your garden proves you to be sporting a severe deficit in that department — I'd like to change that with a few suggestions for fall planting.

Callicarpa

The common name beauty-berry describes the many species of this purple, white and pink-berried genus with precision; and though I love the darker foliage of some hybrids such as 'Pearl Glam' & 'Purple Pearls' and enjoy them in flower, I do not find the berrying to be as abundant as that of our native *C. americana* or non-native (and gracefully arching) *C. dichotoma*. Self-fertile.

Celastrus

Bittersweet is a fall favorite — if also a high maintenance choice for the gardener. The long, girdling, woody vines and scarlet red berries sheathed in papery yellow packaging can make wreath-makers out of the most reluctant among us. But take note: Oriental bittersweet (*C. orbiculatus*) is invasive and gardeners are urged by those that urge to choose *C. scandens*, our native species, when buying (you'll need male and female plants). Got some and not sure which it is? The American species holds its berries in terminal clusters where Oriental species sprout copious berries along the leaf axils.

Cornus

The red berries adorning our common Florida dogwood (*C. florida*) are some of the brightest of winter, but they don't take well to being brought inside on a severed limb (I've tried). Instead, enjoy them outside and if you're planting a new dogwood, find a place with a generous amount of morning sun to encourage those blooms and berries without leaf scald. *C. kousa* also fruits well and edibly, but the rough-skinned pink fruits rarely last through September. If you can get them past the deer, redosier dogwood (*C. sericea*) bear bluish-white berries in late summer which can last into fall. Self-fertile.

Ilex

Most people are familiar with the evergreen boughs of Amer-



The orange red berries of *Viburnum dilatatum* 'Asian Beauty.'

ican or English hollies, but many assume that the heavily berried, leafless stems seen in wreaths must be florist magic. They're not — they're cultivars of the species *Ilex verticillata* and they'll add much to your garden and arrangements. I'm particularly fond of the generous tight clusters in 'Win-

ter Red' and 'Winter Gold' but you'll need a male cultivar that matches bloom time for the female you've chosen (in this case 'Southern Gentleman'). Sadly, the male plants are not much to look at, but at least you'll only need one for up to ten plants. For those two winter girls look for 'Southern Gentleman.'

Lindera

A prolific native in our part of the world, spicebush decorates the edges of woodlands and other part-shade areas with grace and color. Tight clusters of chartreuse blossoms are some of the earliest signs of an awakening landscape, and birds love those fall berries. So do foragers — who use them in peppery dry-rubs and adventurous ice creams. Though the berries start to redden by late August in the Mid-Atlantic, they come into their own when spicebush leaves brightly yellow and begin to fall, and are found more heavily on plants that receive a good amount of sunshine in moist soils. This is also a male/female party, so be aware when you buy.

Pyracantha

I grew up with a pyracantha scrambling up our stone chimney in California and fought the thorns each November to bring heavily berried branches in to drape over the Thanksgiving table. Here in the East, I still consider it a fall staple — though I am aware that hardiness can be marginal if not in a sunny location in very free-draining soil. 'Mohave' now scrambles up my barn, and I grow 'Silver Lining' for its variegated foliage in a mixed border. Flowering (on old wood) is showy, if malodorous, and the resulting berries ripen in September and persist well into winter. Self-fertile (an understatement).

Viburnum

So many species and cultivars, so little time. Viburnum is a large shrub that sometimes holds its own as a specimen, and is sometimes better growing within a mixed border where it doesn't have to be everything to everyone. For berries, my very favorite has to be the orange red clusters of *V. dilatatum* 'Asian Beauty' but next on the list are the deep reds of 'Cardinal Candy.' *V. nudum* 'Brandywine,' is a true stunner with pink purple berries to match pink-tinged foliage. *V. trilobum*, or American cranberrybush viburnum is a native miracle in the landscape — bringing rich, reddish orange foliage to fall with those equally rich bracts of berries — but boy do I have to fight the deer on this one. Viburnum is self-fertile, but growing more than one ensures a better fruit set.

Other genera to explore - *Aronia*, *Cotoneaster*, *Skimmia*, *Crataegus* — and if you can expand the already dodgy definition of 'berry' to include the equally dodgy one of 'fruit' — hip-forming species of rose, such as *Rosa rugosa*, the tiny crabapples of some *malus* species, and *poncirus* for dramatic crops of tiny yellow oranges held between beautifully lethal spines. ■

Marianne is a columnist for The American Gardener and Garden-Rant, and the author of Tropical Plants and How To Love Them and Big Dreams Small Garden. She writes from her home in Lovettsville, Va.

The Vine That Ate the South and Came to Brunswick

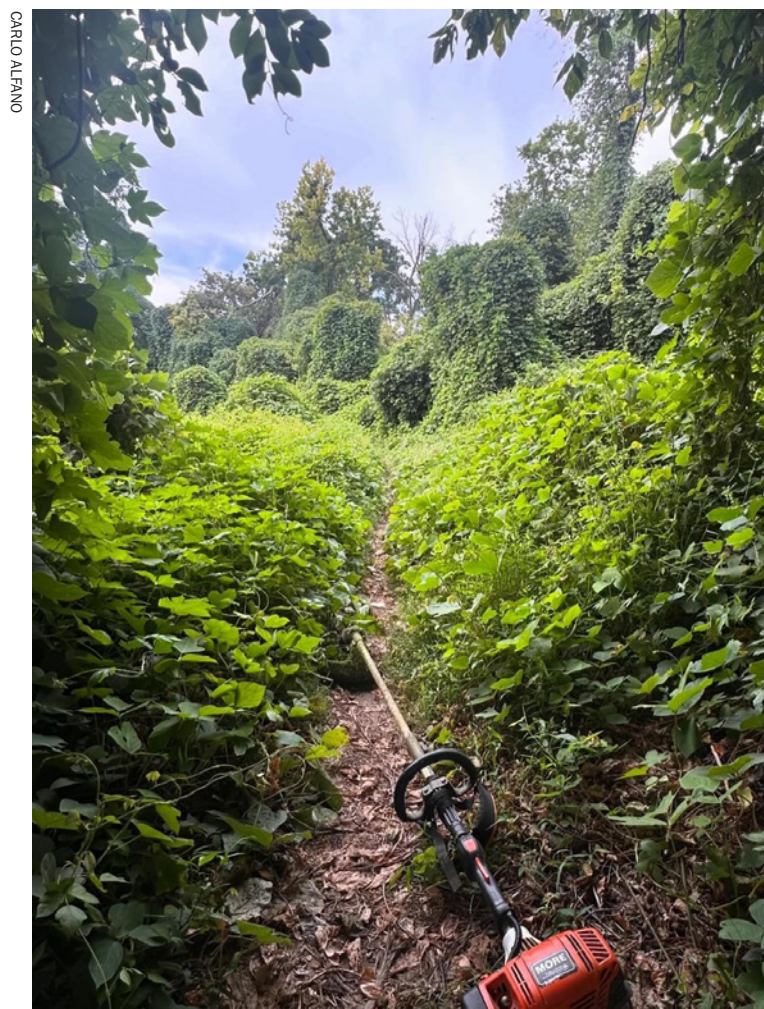
By ABBIE RICKETTS

Kudzu — the word conjures up visions of dark forests covered in heavy vines that choke everything green in their path. It's known as the "vine that ate the south" and a kudzu culture has embraced stories of the overgrown vines and assimilated it into southern culture. The thought that it ate the south is mythical, but kudzu can be serious when it gets a foothold.

The woody vine, federally declared a noxious invasive weed in 1997, was once heralded as a miraculous solution to erosion control and was planted on slopes, farms and along highway and railroad routes. By the early 1950s, the Soil Conservation Service was retreating on its big kudzu push after it proved to be problematic. By 1970, USDA had identified kudzu as a common weed and reported "The damage done by Kudzu to the natural landscape in the Southeastern United States is enormous."

Traveling major highways like I-95 headed south, one can observe the heavy overgrowth of kudzu along roadways. While animal grazing and heavy mowing keep it controlled in other areas, the roadside wooded areas are impractical to reach to control the fast-growing weed.

Unexpectedly, the trails at Rivers Edge, the multi-use,



Kudzu growing at Rivers Edge Trails.

mountain bike trail in the wooded area off of Cummings Drive in Brunswick, have a growing patch of the invasive vine that extends onto private property. Kudzu is known to exist only

well east and south of Frederick County, so there is no county management plan for eradication.

Last year, the City employed goats to eradicate the patch,

but the cost is prohibitive and the goats didn't return this year. Plans to spray with weed killer were abandoned due to potential future use of the goats, as the goat owners will not allow their animals to graze in previously treated areas. This summer the growth began to take off and now occupies about an acre in Rivers Edge and 2-3 acres on neighboring property.

Abby Ingram, Environmental Programs Specialist for the City of Brunswick, has been working to create a management plan and looking at other areas such as North Carolina to learn how they eradicate the weed.

One successful process has been to organize a sizable group of volunteers and use mechanical methods of control including repeated cutting of vines just above ground level, digging up crowns, and frequent mowing. Eventually the vines die out. Herbicides can be used to clear out remnants.

Ingram hopes to organize a volunteer effort after she completes a full management plan. The origin of the kudzu is unknown. Because of its isolation in a county not known to harbor kudzu, Ingram has to find resources elsewhere that can help develop a plan.

Ingram said she is hopeful that a wide volunteer effort can be organized to successfully eradicate the obnoxious weed before it causes further damage. ■

IN THE KITCHEN

All About Pumpkin

By CHRISTINA PELLETIER

As one of the defining flavors of the fall season, pumpkin does not disappoint. It brings an impressive resume of essential nutrients.

One cup of cooked mashed pumpkin provides 245% of the daily recommended amount of vitamin A, a nutrient that supports the immune system, skin and eye health. Other essential nutrients in pumpkin include vitamin C, vitamin E, potassium, magnesium, iron and fiber. Pumpkins get their signature orange color from the antioxidant beta-carotene which protects cells from damage. Let's incorporate pumpkin beyond the sweet dishes this fall to maximize the nutrition this fruit offers.

Fresh or Canned Pumpkin

There are two forms of pumpkin that we typically see – fresh and canned. While both options are great and equally nutritious, there are a few things to consider. Cans of 100% pumpkin puree and pumpkin pie filling are easily confused, so check the label before adding it to your cart.

Canned pumpkin is a convenient, shelf-stable option to have available year-round. Once the can is opened, store the pumpkin in the refrigerator in a sealed container and use within seven days. When selecting a fresh pumpkin, it should be firm, symmetrical and bright colored without any soft spots.

Pie Pumpkins

Pie pumpkins, sometimes called sugar pumpkins, are the best variety for cooking. Their smooth texture and rich flavor make them great for baked goods. Big jack-o-lantern pumpkins have a stringy texture and a bland flavor, making them better for carving.



Prepare a pumpkin similar to other winter squash — roast, steam or cut it into chunks and add to soups, stews, and curries. To make homemade pumpkin puree, roast wedges of a sliced and seeded pumpkin in a 375-degree oven for about 45 minutes or until tender. Scrape the flesh out from the rind, then mash with a spoon or blend in a food processor.

Roasting Pumpkin Seeds

Whether you have a pumpkin for cooking or carving, you can roast the seeds for a delicious snack filled with zinc, magnesium, protein and healthy fats. After removing the seeds from the pumpkin, rinse them to rid of any pulp and pat dry. Toss the seeds with olive oil and your favorite spices and herbs such as chili

pepper, turmeric, or pumpkin pie spice. Roast them at 425 degrees for 12 minutes, stirring occasionally to make sure they cook evenly. Store in an airtight container for up to one week.

Enjoy pumpkin in soup, chili, pancakes, oatmeal, cookies, pie or roasted with some olive oil. Toss pumpkin seeds in a salad, trail mix, muffins or granola for an added crunch and nutrition boost. Embrace the seasonal fall produce and let your health benefit from the nutrition that comes along with it.

For more pumpkin cooking and fall inspired recipes, register for a free online cook along class with a Weis dietitian. Visit weismarkets.com/nutrition for more information. ■

Christina Pelletier, MS, RDN, LDN is Regional Dietitian at Weis Markets in Brunswick.

RECIPE OF THE MONTH

Vegetarian Mushroom Stroganoff

This recipe has all of the comforting flavors of beef stroganoff, but without the meat! The combination of dried and fresh mushrooms makes it feel meaty. Sour cream and mustard add richness, while the herbs add a hit of brightness.

Prep Time: 45 mins. Additional Time: 25 mins.
Total Time: 1 hr. 10 mins. Servings: 6

Ingredients:

- 1 oz. dried sliced shiitake mushrooms (about 1 cup)
- 1-½ cups boiling water
- 8 oz. uncooked wide homestyle egg noodles (about 6 cups)
- 2 TBS unsalted butter
- 1 pound fresh cremini mushrooms, thinly sliced (about 4 cups)
- 1 (7 ounce) package sliced fresh exotic mushrooms (about 4 cups)
- ½ cup finely chopped white onion (1 small)
- 1 TBS finely chopped garlic (about 3 cloves)
- 1 TBS chopped fresh thyme
- 2 tsp chopped fresh tarragon
- 2 TBS all-purpose flour
- 1-½ cups vegetable stock
- 1 TBS whole-grain Dijon mustard
- ½ tsp kosher salt
- 1 tsp black pepper
- ½ cup reduced-fat sour cream
- 1 oz. Parmigiano-Reggiano cheese, grated (about 1/4 cup)
- 2 TBS chopped fresh flat-leaf parsley

Directions:

1. Place dried shiitake mushrooms in a small heatproof bowl; cover with boiling water. Let stand 20 minutes. Drain, reserving mushrooms and 1 cup soaking liquid. Set aside.
2. Prepare noodles according to package directions. Drain, rinse under cold water and drain again. Set aside.
3. Melt butter in a large skillet over medium-high heat. Add soaked shiitake mushrooms and fresh mushrooms to skillet in an even layer. Cook, stirring occasionally, until well browned, 16-18 minutes. Add onion, garlic, thyme and tarragon. Cook, stirring occasionally, until onion is tender, about 4 minutes. Add flour; cook, stirring often, 1 minute. Add stock, reserved mushroom soaking liquid, mustard, salt & pepper; let come to a boil. Boil, stirring for 2 minutes. Remove from heat; cool 5 minutes. Stir in sour cream. Stir in cooked noodles; sprinkle with cheese and parsley.

Source: EatingWell.com

Do you have a favorite recipe to share with the community? Send it to "Recipe of the Month" at editor@BrunsNews.com

Lions of Virginia Support Western Loudoun Food Pantry

By BETTY HEDGES

The Lovettsville Lions Club and the Lions of Virginia Foundation have given the Western Loudoun Food Pantry \$8,000 to purchase non-perishable food and cleaning supplies.

The Western Loudoun Food Pantry is located at New Jerusalem Lutheran Church in Lovettsville. It was started over 15 years ago to provide food for local families struggling to make ends meet and is open to anyone in need who lives in the western Loudoun area.

The pantry is supported by donations of cash and non-perishable food from local residents and organizations including the Lovettsville Lions Club, the Lovettsville-Waterford Ruritan Club, the Lovettsville Game Club and local churches. More information can be found on the website of New Jerusalem Lutheran Church. ■



Andrea Miller, president of the Lovettsville Lions Club, presents an \$8,000 donation to Nancy Spannaus, manager of the Food Pantry.

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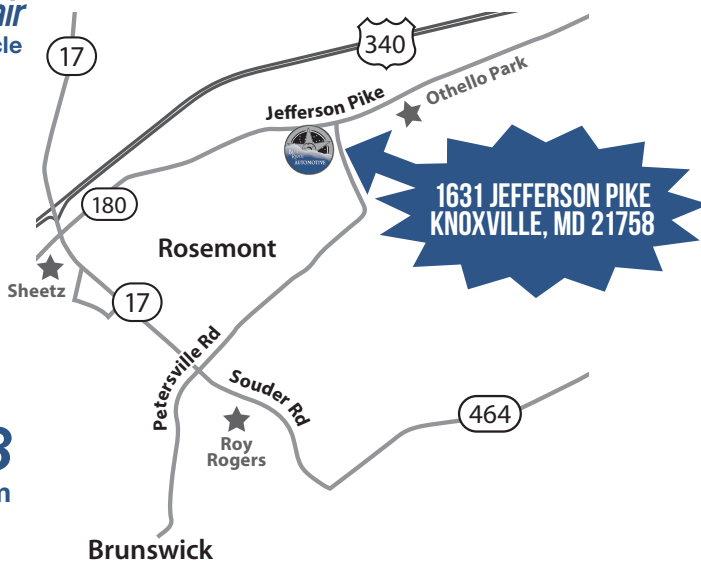
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News from the Town of Lovettsville

By JANA WAGONER

Two New Businesses

Two new businesses recently opened in town. Dunns Gun Shop, on Berlin Turnpike next to the Lovettsville Diner, held a grand opening and ribbon-cutting ceremony Sept. 9, while a Virginia ABC Store opened in the Town Center near the Lovettsville Co-Op with a ribbon-cutting ceremony Sept. 13.

Eric and Chrissy Dunn are the owners of Dunns Gun Shop, which sells products for hunters and shooting sports enthusiasts, while offering concealed carry training for Virginia and Maryland. For more information and for hours, log on to dunnsgunshop.com

The Virginia ABC Store is a 2,125 square foot store carrying more than 1,300 items.

"Our teammates look forward to serving customers in Lovettsville at this new location," said CEO Dale Farino. "As Virginia ABC celebrates its 90th anniversary this year, we are proud to serve all Virginians by generating revenues from new stores like this one that help make the commonwealth the best place to live, work and raise a family. Virginia ABC has returned more than \$2.9 billion to the commonwealth in the last five years to fund essential services including education, public safety, transportation and infrastructure."

The Lovettsville ABC Store is open from 10 a.m.-9 p.m. Monday through Saturday and from noon to 6 p.m. Sunday.



Dunns Gun Shop held a grand opening on September 9.



Virginia ABC Store opened a new location in Lovettsville.

Voter Registration Deadline

Residents who wish to vote in the Nov. 5 election but have not registered yet must do so by Oct. 15. Online registration is available at vote.virginia.gov.

In addition to the presidential and congressional elections, Lovettsville will have its own mayor and town council seats on the ballot. Find out more at loudoun.gov/4117/Elections-Voter-Registration.

Historical Society Lecture Oct. 13

The Lovettsville Historical Society will hold its monthly lecture at 2 p.m. Oct. 13 at St. James United Church of Christ, 10 E. Broad Way.

This month's lecture is titled "John Brown's Raid: Harpers Ferry and the Coming of the Civil War," and will be presented by Jon-Erik M. Gilot and Kevin R. Pawlak.

For more information on the historical society, log on to lovettvillehistoricalsociety.org.

Walk 4 Mountains Breast Cancer Walk

Registration is open for the seventh annual Walk 4 Moun-

tains breast cancer walk in Lovettsville on Oct. 12. The walk will begin at Walker Pavilion and feature live bands, food from Magnolia's at the Mill, ice cream from Moo Thru, beer from One Family Brewing and flu shots from CVS.

Proceeds from the event will benefit Loudoun Breast Health Network, Step Sisters, and Our Perfect Warriors. The event is from 9:30 a.m. to 4 p.m. Log on to walk4mountains.org for more information and to register.

Town Offices Closed

Town offices will be closed Monday, Oct. 14, in observation of Indigenous Peoples' Day. They will reopen Oct. 15. ■

October Meeting Schedule

The following meetings are scheduled for October in the Town Council Chambers:

Oct. 2, 7-10 p.m.	Planning Commission
Oct. 8, 6:30-9:30 p.m.	Infrastructure Committee
Oct. 10, 6:30-10 p.m.	Town Council
Oct. 15, 7-10 p.m.	Commerce and Business Development Committee
Oct. 17, 7-8 p.m.	Love Winter Subcommittee
Oct. 23, 7-10 p.m.	MayFest Subcommittee
Oct. 24, 6:30-10 p.m.	Town Council



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DAY TRIPS FROM BRUNSWICK

Fall Hiking on Catoctin Ridge

By JOHN CAVES

Fall foliage may not last long, but Frederick County has great places to enjoy it. One such spot is the northern part of Catoctin Ridge near Thurmont, about a 40-minute drive from Brunswick. Two parks situated side-by-side — Cunningham Falls State Park and Catoctin Mountain Park — also offer some of the best hiking in the area.

The northern part of Catoctin Ridge is different from the small ridgeline between Brunswick and Point of Rocks. Up there, the hills are taller and there are several of them, which means a bigger area to explore with peaks, draws and valleys. Interspersed throughout are large rock formations, remnants of the days when the Appalachians were taller than the Rockies. Many are named after animals or objects they resemble, and they serve as both landmarks and scenic viewpoints.

Bob's Hill and Cat Rock

The closest point to Brunswick is the Bob's Hill trailhead at the Manor Area of Cunningham Falls off U.S. Route 15. Bob's Hill is a steep hike but a rewarding one. From its south overlook (a three-mile round trip), you can see Sugarloaf Mountain, the DC/Arlington skyline, and, if the day is very clear, as far as Baltimore.

If you are feeling spry, you can continue on to Cat Rock (making it a 12-mile round trip from the Manor Area parking lot) along a pleasantly flat ridge. Cat Rock is a quiet, wooded spot with a rock formation that you can scramble up top of and enjoy a view of the Bob's Hill area, replete with foliage. If you are not up for a 12-mile hike, you can also access Cat



The view from the top of Cat Rock in late October.

Rock from a parking area on MD Route 77 that makes it a 2.5-mile round trip.

Catoctin Mountain Park Trails

On the north side of Route 77 is Catoctin Mountain Park, which is run by the National Park Service. The visitor center and multiple trails are on the east side of the park. The orange trail, a four-mile loop, goes to Chimney Rock and Wolf Rock, with views of Thurmont and eastern Frederick County. Wolf Rock is neat: it is situated on a plateau of bare rock, which you have to traverse carefully to avoid deep crevasses.

The yellow trail is a 4.6-mile loop to Hog Rock and the Blue Ridge Summit vista, where you can see hills and valleys with lots of foliage. You can also reach both landmarks in less than a mile from a parking area on Park Central Road.

The west side of Catoctin Mountain Park takes longer to get to, but has longer trails and fewer hikers. Its orange trail is a 10.5-mile round trip. The west side also contains the northern end of the Catoctin National Recreation Trail, a 26.6-mile trail that connects Catoctin Mountain, Cunningham Falls, the Frederick Municipal Forest, and Gambrill State Park. The trail has shelters and campgrounds and makes for a good one- or two-night backpacking trip.

Non-Hiking Attractions

If hiking is not your thing, there are other ways to enjoy autumn at both parks. On the Cunningham Falls side are the falls themselves, which are about half a mile from the lakeside parking lot in the William Houck Area. The waterfall is not always spectacular (it depends on the water level in the creek), but the woods around it are great in fall.

On the Catoctin Mountain side, you can walk a third of a mile from the visitor center to the Blue Blazes Still, a bootleg distillery during Prohibition and the scene of a shootout and murder. Signs along the trail tell you the story.

Directions

For all points, take Route 15 towards Thurmont. Access the Manor Area of Cunningham Falls by turning left off 15 past Catoctin Furnace (if you pass the Catoctin Zoo, you've gone too far). To reach the other areas, take the MD 77/W Main Street exit onto 77 west. For the Catoctin Mountain visitor center, turn right onto Park Central Road. For the William Houck Area of

Cunningham Falls, turn left onto Catoctin Hollow Road and then right onto William Houck Drive.

Parking usually is not bad

at either park in the fall, though the lakeside area of Cunningham Falls gets crowded in the summer and the park road in Catoctin Mountain is closed from December to March. Cunningham Falls State Park has an entrance fee of \$3 per vehicle with Maryland plates (\$5 out of state). Catoctin Mountain Park is free.

Two words of caution: The entrance to Camp David is off Park Central Road between the two sides of Catoctin Mountain Park, so do not stop and get curious about the signs telling you not to enter, lest the Secret Service get curious about you. The Bob's Hill area is also open to hunters in the fall, so be sure to wear bright colors when hiking there. ■

John Caves travels both near and far. He enjoys the great outdoors and served on the Brunswick History Commission for several years before being elected to the Brunswick City Council.

FILM REVIEW

Kanopy is an on-demand streaming service offered by the Frederick County library system for films, documentaries and courses, among other selections. Kanopy participants receive "tickets" each month for "admission" to view choices.

Banel & Adama (2024)

87 minutes

Directed by Ramata-Toulaye Sy

Reviewed by LAURA DVORAK

It is hot, wind burning, sun blazing hot in the Senegalese village where Banel (Khady Mane) and Adama (Manadou Diallo) make their home. The scourge of drought has visited their region for years. This perilous life makes every decision critical, every choice consequential.

Life is hard, but the couple is bound together in an all-consuming love. They are each other's world, and it is enough. Their days fairly thrum with happiness as they work and play together. They know what they want—and strongly decline what they don't.

Sy's stunning debut film premiered in competition at the Cannes Film Festival and was chosen as the Senegalese Oscar entry. The dream-like landscapes and dignified villagers hold power to summon the viewer



with an invitation to viscerally experience the villain that will overpower Banel and Adama. Love does not conquer all. Forget about free will. Why won't forces swirling about this desert enclave just let the couple be?

Just as northeasterly tradewinds blow from the Sahara and reshape the terrain, expectations ceaselessly chisel at the psychological resolve of these strong-willed young people. Banel is a young woman who takes deadly aim with a sling shot and knows the Quran by heart, but she is powerless against tradition. Adama will do his utmost to maintain tranquility, even digging sand to uncover their dream. Ah, there's the rub.

The film is in Pular with English subtitles. ■



The Blue Blazes Still at Catoctin Mountain Park.

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TRAVEL, ARTS, CULTURE



BNJ in California!

Brunswick natives Chris Doyle and Andy Griffiths were excited to receive a copy of the Brunswick News-Journal at Andy's home in Manhattan Beach, California.

OFF THE SHELF

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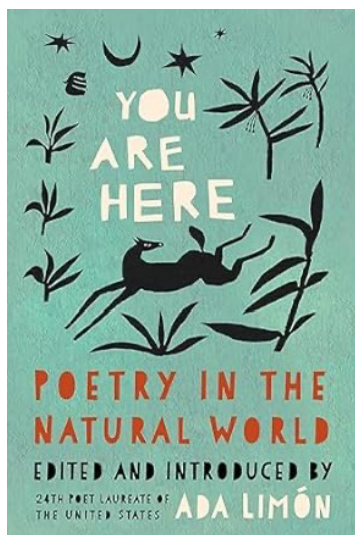
Poetry in the Natural World

Edited and introduced by Ada Limón, twenty-fourth Poet Laureate of the United States (2024)

Reviewed by
LAURA DVORAK

This collection of 50 previously unpublished poems by some of the nation's premier poets explores the changing landscapes within nature and poetry.

Provocative and probing, lyrics span the range from "Kretzschmaria deusta, a beautifully named fungus," to, "Lichen are possibly the oldest living things on earth. We will outlive them. Mir vein tey iberlebn..." "And sounds: a blurring of bees in the air/ no longer heard in the wild... and the swamp? Who knows what became of it." Man-made changes, "Here where a trail once crossed, people gathered/then the hop farmers dug axe-heads and projectile points, still bearing the scar from the plow." The continuity of wildness, "finch



squads in Speedos yo-yo through the stems/turn hard and vanish peripherally," and conservators, "...and you'll heavy the whining floorboards/of the house you filled with animals/as hurt and lost as you..." to advice on risk, "Blossom when you're ready, but rough. Be quaint explosive." Touching on the Piedmonts, "these mountains have given us/ so much & we/ will not even give ourselves to each other," this slim volume embodies a groundswell of lyricism. ■

Landscapes of the Mind

By LAURA DVORAK

On a beautiful September morning, Antoinette Vasseur, Certified Permaculture Designer, welcomed participants to an engaging, 3-hour immersive mindfulness experience. In the peaceful property of Thorpewood, a 155-acre property in Frederick County that once provided sustenance to the Susquehannoc, Massawomeck and Piscataway peoples, the group began a very personal exploration of ways to foster sustainable emotional well-being.

"Inner Landscapes: Exploring Nature for Mental Health," encouraged participants to examine their inner ecosystems in tandem with observation of the external natural world. Vasseur has taken permaculture's 12 principles and presented several of those as pathways toward achieving balanced and thriving inner eco-systems—those thoughts, experiences and emotions. Together and independently, the group was guided by Vasseur through six of the ecological principles, learning to apply them to inner landscapes.

"First and perhaps most importantly," she began, "is the principle of Observation and interaction." In permaculture, one observes the landscape carefully and interacts with it before making any decisions regarding



Brunswick resident Antoinette Vasseur at Thorpewood.

changes. And so it is with inner landscaping. To facilitate observation, a guided grounding meditation began among the pine cathedral, where participants closed their eyes while opening their senses to the elements, becoming keenly aware of the surroundings and their space within the setting. Soon the invitation extended to interact with the natural world, while maintaining an observational spirit. "I invite you to stand up and move throughout this area. Be playful!" Vasseur encouraged. "Be curious and kind."

Catch and store energy is another permaculture principle. Vasseur described natural world

efforts involving solar panels, rain barrels, rain gardens, spirals, swales and other methods of gathering energy in sustainable ways. In Inner Landscapes, she led a powerful visualization exercise for energy, with an invitation to imagine a warm light glowing around the body, drawing in that resource. Holding the hands up to the wind and taking in that energy for storage. Imagine growing roots deep into the soil and feeling the strength rising up through them.

"Let's move on to the lake," Vasseur suggested. It was time for another principal: Produce no Waste. "We can find value in all experiences and turn waste to wisdom and opportunities," she offered. As an example, she pointed to the lake. "People tend to spray pesticides to kill mosquitos. But what are they ruining in the process? If cattails are planted, they will draw dragonflies which eat mosquitos. Everything in nature has potential for growth." In inner landscapes, this can mean becoming aware of unused skills, negative thoughts or even trauma and creatively respond to change. Changing perspective, learning to flow rather than resist.

"Grow, learn and move in a positive direction. Feel the edges of a balanced, thriving eco-system," she said. "It is not control, but a dance." ■

The Six Degrees of Shopping Small

By LISA TUMBARELLO

In a fast-paced world where you make a million decisions every day, have you ever stopped to think about your purchasing power?

It's easier than ever to make one-click purchases online and have them delivered ASAP, and those purchases have a time and place. But when we get disconnected from the *how* and *why* behind our purchasing decisions, it pushes us further from the true essence of our buying power. We can make a HUGE impact with our wallets.

Let's say you pick up a handmade mug at your local main street boutique; the purchase seems innocent enough, but what you might not realize is how far reaching the impact of your purchase is.

Obviously, it is supporting **the shop** in which you made the purchase. But it's also supporting **the artist** who made the piece. It's supporting **the landlord** who lovingly restored the building in which the shop is housed. It's benefiting **the community** in which the shop is located. It's supporting **the kids** of the shop owner who watched their parent put in blood, sweat, and tears to open the shop. It's benefiting all **the future entrepreneurs** who see this little shop as a beacon of hope for their own big dreams.

And it benefits **you** too; now you get to enjoy owning something that brings you joy and offers you peace of mind that you've made a positive impact on your local community. Or maybe you give it to someone you love and watch them light up as you

present your thoughtful gift.

The Ripple Effect of Shopping Small

My point is that where we choose to spend our money has a much larger societal impact that is multi-faceted. I firmly believe in buying with intention, whatever that intention may be. We don't need to have a lot of stuff in our lives, but we should love and appreciate the things we do have.

So, if you're going to spend your hard-earned dollars, wouldn't you want to know that those dollars had a positive impact on the lives of several people in your community? It's not just about the thing; it's about the entire experience of buying and the continued experience of using and owning something you truly love. Every time you use it, you know you contributed to the ripple effect that comes with "shopping small."

Making Purchases Meaningful

Perhaps I am A BIT biased, because I own and operate just such a little shop, but I've always been inclined to support those who lay it all on the line and gamble on opening a small business. Nothing brings me greater joy (other than my family) than stroll-

ing the streets in a small town and making a purchase knowing that I'm supporting someone's dream. It brings meaning to my purchase and I feel that long after I've swiped my credit card. Good vibes are imbued into my purchase, and thus I receive joy every time I use it.

There's so much in life we can't control, but choosing to spend money in my local community is one thing I can control. So, I'll take my handmade mug and sip my local coffee while I read a book from a local bookshop, and I'll enjoy every moment of it. ■

Lisa Tumbarello is an interior designer with a love for vintage home goods and handcrafted items. She has a store in downtown Brunswick.



Please join us on Saturday, December 14, 2024, at 12:00 pm at Park Heights Cemetery in Brunswick, Maryland for the Wreaths Across America ceremony to REMEMBER the fallen... HONOR those who serve... TEACH the next generation the value of freedom.

We have a goal of 255 wreaths for veterans at Park Heights Cemetery and the Old Berlin Cemetery in memory of those who served. Sponsor a wreath today to be placed on the grave of a veteran. Wreaths are \$17 each, of which \$5 goes to Pulling For Veterans, an organization that raises awareness for PTSD.

To sponsor a wreath, use the QR code, or mail a check payable to Wreaths Across America at Pulling For Veterans, PO Box 4101, Frederick, MD 21705 or go to www.wreathscrossamerica.org/MD0644P. The deadline to sponsor a wreath is December 1, 2024.

Volunteers are needed to help with the laying of wreaths. Please text or call 240-285-4487 to sign up.

Our Annual Luminary Event will follow at sunset to recognize and honor those at rest at both Park Heights Cemetery and the Old Berlin Cemetery.

For more information
www.parkheightscemetery.org
info@parkheightscemetery.org

www.pullingforveterans.org
outreach@pullingforveterans.org



Doodlebugs (Antlions)

By DR. KATHY HEINSOHN

What lives in a pit, snares innocent passersby and sucks them dry? No. Not lawyers and IRS agents! Give up? The doodlebug!

Have you seen those little funnel-shaped openings into sandy soil, maybe under your porch or balcony or even in the crawlspace area or directly below the eaves, roofline and gutterwork, or overhangs of your home? Those are pitfall traps meant to trap unsuspecting ants and other small creatures that trail along and fall into them. At the base of this funnel just below the bottom lies the predator who will eat that unsuspecting ant or creature; it's an antlion or doodlebug larva.

The antlion larva burrows into loose, dry, bare soil and constructs a cone-shaped pit by flipping loose soil out of the hole with its head. The pits are usually in sandy soil in an area protected from rain and wind. Sunny, south-facing slopes are particularly good for doodlebugs.

The antlion begins a pit by walking backward and pressing its wide, flattened abdomen into the soil. This process creates a winding or spiral-shaped trail in the sand that is allegedly the



Antlion pits in dry, loose soil.

source of the name "doodlebug." (Doodle: to scribble, or sketch.)

Life Cycle of the Doodlebug

The larval stage may last as long as three years. A fully-grown antlion larva forms a pupal case in the ground and transforms to the adult stage in a complete metamorphosis.

Few people are fortunate enough to see the antlion. They spend so much time motionless at the bottom of the pit. Also, they are dirt-colored and well-camou-

flaged. For a good look at the larva, use a tea strainer and sift the soil just below the bottom of the pit. The larva will be up to ½ inch long with a flat, slender wedge-shaped body. The prominent sickle-shaped mandibles extend from the head.

Antlion adults look entirely different. They are delicate, 2 inches long and look like damselflies or dragonflies and are nocturnal. They have a short life span of one month, just enough to copulate and lay eggs.

Doodlebugs are Not Harmful

They are considered beneficial as they feed on ants that we consider to be pests. Control is definitely not necessary.

There's an old wife's tale that children would chant at doodlebugs to get them to come out of their hole...Doodlebug, doodlebug, your house is on fire; Wife's gone away, and the children will burn. To get the larva to go back down in the hole, children would stick a straw in the opening and chant doodlebug doodlebug go back down! ■

Dr. Kathy Heinsohn has a Ph.D. in Structural and Urban Pest Management from Purdue University and is a Board Certified Entomologist (B.C.E.) and local beekeeper.

Fall Migration

A Seasonal Spectacle in Brunswick



Common Yellowthroat, one of our local warblers.

By JAMES ROSEBROCK

The fall migration is upon us, and for Brunswick the opportunity to see unusual birds is higher than at any other time of year, except for the spring migration. Why do we see more species during migration? The answer is simple: Brunswick sits along the Atlantic Flyway.

The Atlantic Flyway is the migration route heading south, kind of like an interstate system for birds. The four flyways in the United States — Atlantic, Mississippi, Central, and Pacific Flyways — are followed by roughly 4.7 billion birds heading south to Central and South America, and approximately 4 billion waterfowl migrating from their breeding grounds in the Arctic and Subarctic tundra.

Who is migrating and why? The waterfowl are migrating because their northern breeding grounds become too cold and food sources disappear. Almost every warbler species that we see from the Spring to the start of Autumn migrates, as many of them are insectivores and, when insect activity dramatically drops, they must find food elsewhere. Thrushes, blackbirds and sparrows also head south for the winter, and for the same reasons.

Species that don't migrate

But what about birds that don't migrate? Many species are year-long residents of our area. The reason is simple: they still have food sources here. Woodpeckers, who are known for eating insects, can use their chisel-like beaks to drill out larva from under tree bark all year. Birds such as cardinals, blue jays, hawks and owls are also here year-round, and some experts suggest that, while

some species may have once migrated to find food, they don't have to do that now because of the popularity of backyard bird feeders!

But if you want to see birds that do migrate, Brunswick is a great place because of our diverse ecosystems. The Potomac River offers abundant food and water, the forests of the Appalachian Mountains provide cover for resting birds, and farm fields offer even more shelter and food. Visiting the C&O Canal you might hear warblers singing high in the canopy, while out in the river you might see flocks of ducks or geese resting and feeding. If conditions are just right, you might see a "kettle" of broad-winged hawks spiraling southward on a thermal of warm air.

Like a road trip for us, these long journeys aren't without dangers. Many birds migrate at night to avoid predators. With unpredictable weather during hurricane season, navigating fog and finding shelter in storms puts many birds at risk during their journey.

One risk for birds is light pollution. Lights can be detected by birds from far away, attracting and "trapping" them as they circle the light source to the point of exhaustion, sometimes resulting in collisions with buildings and other infrastructure. One thing we can do to help migrating birds is turn off outdoor lights and cover light-emitting windows, and encourage our neighbors to do the same. A little effort goes a long way and helps preserve our flying friends.

As the weather cools and leaves begin to fall, take this chance to get out there and look for new and unusual species that may be making a pit-stop, right in our backyard. ■



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LOCAL HISTORY

TALES FROM The Merryland Tract Cemeteries

BY ABBIE RICKETTS

The communities surrounding Brunswick are home to a wellspring of history and intriguing stories hidden away in the cemeteries, both large and small, located in the area. The recorded history of many who settled here and made this their final resting place tells the stories of love, hardship, prosperity and tragedy in what was once a land of both the wealthy and the poor.

The Merryland Tract

From Brunswick to Burkittsville, across to Petersville and over to Knoxville, with South Mountain being the boundary to the west, the surveying of 6,000 acres of land named the “Merryland Tract” was conducted in 1732. Later the land was divided into 22 lots and increased to 6,300 acres.

The large lots attracted wealthy landowners to the area, as is evidenced by the mansions still standing on large tracts of land within the boundaries. Many of those people living in the late 1700s, 1800s, and early 1900s are buried in cemeteries within the Merryland Tract. Their graves can be identified and their lives revisited.

Although not seen any longer in modern descriptions of addresses, many obituaries from the 1800s and early 1900s refer to place of residence as the Merryland Tract. Here is one from that era:

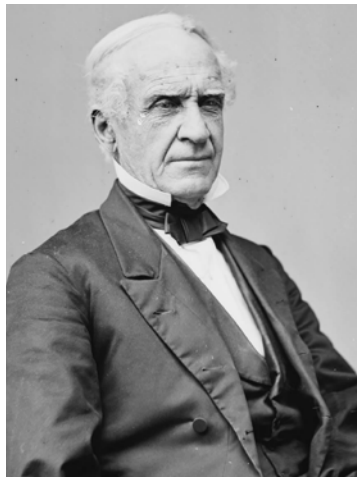
MRS. SAMUEL CLAGGETT DEAD Was Highly Connected and of Distinguished Piety.

Petersville, Md., Dec. 30, 1910 — Mrs. Elizabeth West Claggett died early this morning at Oakland, her home on the Merryland Tract, Frederick county, at the age of 78 years and 11 months.

The hamlet of Petersville, located along Jefferson Pike just east of Burkittsville Road, is home to three cemeteries — St. Mark’s Episcopal Church Cemetery (now known as St. Mark’s Apostolic Church), St. Mary’s Catholic Church Cemetery, and Union Bethel African Methodist Episcopal Cemetery.

St. Mark’s Episcopal Church Cemetery

St. Mark’s Cemetery is located just a short distance up St. Mark’s Road in eyesight of Rt. 180. John Blessing was the first burial at St.



Francis Thomas, Maryland Governor and U.S. Congressman

Mark’s, occurring in 1813. The most recent burial recorded was in 2022.

Of the 1,184 memorials at St. Mark’s, the most famous person buried there is Maryland Governor and U.S. Congressman **Francis Thomas**. Born in Petersville in 1799, he attended St. John’s College in Annapolis. He was a member of the Maryland House in 1822, 1827 and 1829, serving as Speaker in his last term. He was elected to the U.S. House of Representatives, serving from 1831 to 1841. After leaving the House, Thomas became President of the Chesapeake & Ohio Canal Company. He was Governor of Maryland from 1841 to 1844. He was again elected to Congress during the Civil War, serving from 1861 to 1869. He retired to his estate in Frankville (no longer exists), Garrett County, Md. after his final position as U.S. Minister to Peru from 1872 to 1875.

Thomas led an intriguing life. He was both well-revered by his peers but seemingly with a reclusive, perhaps darker side to his nature by some recollections. In 1841, he married Sally Campbell

Preston McDowell, the daughter of Governor James McDowell of Virginia. He was 42 years of age, while his bride was 20. They lived at his farm in Petersville called Montevue, later named Mount O’Donnell.

According to Maryland State Archives, “Within a short time, a violent disagreement broke out between the two, so their marriage lasted only a short time. His young wife was beautiful and well-accomplished by all accounts; however, Thomas was stricken with jealousy and seemingly odd behavior towards his young wife. ‘While he had a strong and vigorous intellect,’ states one of his biographers, ‘it became more and more apparent that his mind was ill balanced.’ Shortly after his term had ended, he and his wife were divorced following an unpleasant scandal during which he issued a pamphlet, *Statement of Francis Thomas* (1845), fully describing all the events leading to his domestic tragedy. The quarrel resulted in ruining Thomas’ hopes of being nominated President of the United States in 1844, for up to that time he had been a leading candidate.”

A tragedy of a different nature struck Thomas in later years. On January 22, 1876, the reclusive former Governor was walking along railroad tracks near his estate in Frankville when he was struck by an eastbound engine of the B&O Railroad and killed instantly. He was brought back to Petersville to be buried in St. Mark’s alongside his parents, Col. John and Eleanor Thomas, and several of his siblings.

Among other well-known citizens buried at St. Mark’s Episcopal Cemetery are **Dr. Levin West** and his family members.



Grave of Levin West, grandfather of Dr. Levin West, at St. Mark’s Cemetery

West was born in Petersville in 1864, graduated from the University of Maryland Medical School in 1886, and was a well-known surgeon for the B&O Railroad Hospital in Brunswick. Many death certificates of those buried in the area’s cemeteries were signed by him. He died in 1944 at the age of 79. West’s grandfather, who is also buried at St. Mark’s, once owned what is today West-hills Manor.

Dr. Levin West was a brother to **Mary West Schnauffer**, mother of **Dr. William Schnauffer, Jr.** who founded the Schnauffer Hospital located on West B St. in Brunswick. Dr. William Schnauffer died suddenly of “creeping paralysis” at age 47 in 1950. He had closed his hospital and served as a surgeon at Frederick Memorial Hospital. Both Schnauffers are buried at St. Mark’s.

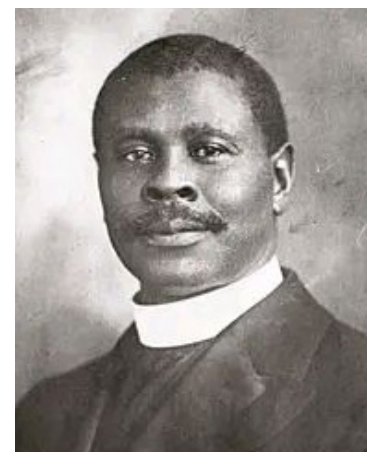
Union Bethel African Methodist Church Cemetery

This small, obscure cemetery with 236 memorials is located on 1st Avenue in Petersville. The church that was once there is gone, but the cemetery is well-cared for. An American flag waves in the wind on a tall flagpole in the center of the tombstones. The earliest recorded burial is that of Eliza Ann Snowden Holland who

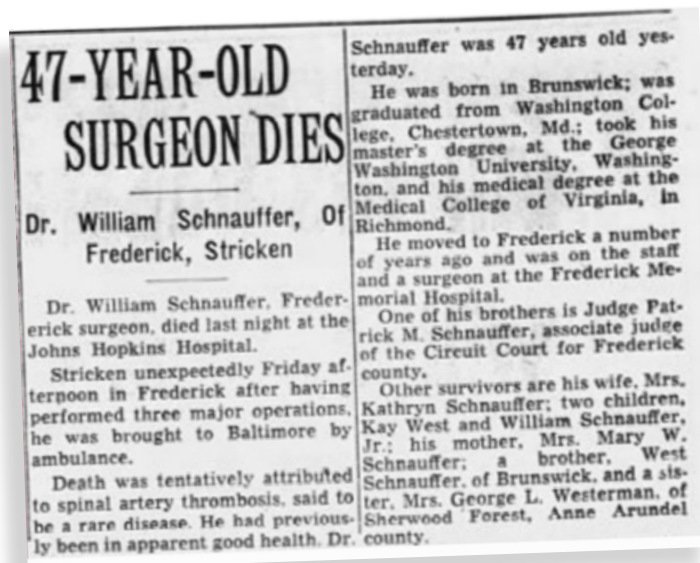
died at the age of 40 in 1875. The most recent burial is James F. Brooks who died at the age of 90 in 1994.

One of the most prominent people buried there is **Reverend Richard Hurst Hill** who died at the age of 33 in 1939. Hill was a graduate of Harvard University, receiving a bachelor’s degree in Sacred Theology. He served as the Secretary of Howard University and had taught classes there.

His parents are buried at Union Bethel as well as several of his 10 siblings. His father, the **Rev. Daniel Grafton Hill Sr.**, pastor of the church that once stood there, died at the age of 66 and was buried there in 1931. Three of his sons became college deans including Rev. Daniel Grafton Hill Jr. who was the Dean of the School of Religion at Howard



Reverend Daniel Grafton Hill Sr.




Baltimore Sun announcement

The Burgess & Commissioners of the **Village of Rosemont** will meet on **Monday, October 21, 2024** 7pm at Merryland Park.

Agenda items include a presentation of the FY24 financial audit and decisions regarding investment of Village funds. The public is invited to attend.

OFFUTT, HORMAN, BURDETTE & MAY PA
Attorneys at Law

GEORGE T. HORMAN
and **CHRIS MAY**



Attorneys
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Cemeteries CONTINUED

ABBIE RICKETS



Union Bethel African Methodist Episcopal Church Cemetery

University and is buried in Washington, D.C.

St. Mary's Catholic Church Cemetery

On Catholic Church Road in Petersburg is St. Mary's Catholic Church Cemetery. There are 789 memorials there including many of the Lee and Horsey families, who were large land owners in the Merryland Tract on the northern side near Burkittsville. The first burial there in 1833 was a 23-day-old infant, Ellen Bergen, daughter of John and Anna Bergen. The most recent burial was in April 2024.

The church and the cemetery have a storied history, with many of the prominent descendants of **Governor Thomas Sim Lee** of Old Needwood and **Senator Outerbridge Horsey** of Horsey Distillery Farm reposing in the graveyard behind the church. Old Needwood is located on Catholic Church Rd. while Old Horsey Distillery Farm is located on Burkittsville Rd. The well-to-do Lees and Horses intermarried over several generations, beginning with Governor Lee's daughter Eliza's marriage to Senator Outerbridge Horsey from Delaware.

As a part of his will of 1819, Gov. Thomas Sim Lee provided funds for a Catholic church to be named St. Mary's at Petersburg near his estate, Needwood. He wanted to replace the old log building, used as early as 1810, with a permanent brick building where slaves and their masters and free blacks in the area could

worship (Archives, Maryland Society of Jesus, Woodstock Letters, Vol. 5, 1876, p.107). The slaves sat behind their masters in the rear of the church. It was built between 1826–1828 by slaves and free black laborers from the nearby Merrywood and Needwood plantations, who made and carried the bricks for the structure.

Among these worshipers were several generations of the **Smothers and Holland families**, according to the BrunswickMDHistory website. According to the Catholic Review in Nov. 2023, some of the area's slaves are most likely buried in the cemetery and research has begun on their history.

Although Senator Outerbridge Horsey is not interred at St. Mary's, generations of his namesakes are, with **Outerbridge Horsey IV** being the most recent in 1983. He was a U.S. Ambassador to Czechoslovakia and was married to Mary Hamilton Lee, who was raised at the Needwood Estate on Lees Lane.

Governor Lee's granddaughter, **Mary Digges Lee Gouverneur**, who died in 1898, is interred at St. Mary's along with her husband Samuel.

Other Local Cemeteries

The Mountain Cemetery, Knoxville Reformed Cemetery, Garrott Family Cemetery, Grace Church Columbarium, Ceres African Methodist Episcopal Church, and Burkittsville also have fascinating histories that tell the stories of the past. More about these cemeteries, as well as Park Heights and Old Berlin cemeteries, is to come. ■

ABBIE RICKETS



St. Mark's Episcopal (Apostolic) Church Cemetery

The *LATEST* from the *LAST*
C.E.N.T.U.R.Y100 Years Ago
from *The*
*Valley Register*Compiled by
Julie Maynard

October 3, 1924.

Tar and Feather Case
Mrs. Shank Creates Sensation
by Pleading Guilty—She Goes
on Witness Stand and Tells the
Whole Story of the Affair

CHARLES LEATHERMAN ON TRIAL.

[More than half of the front page and most of two interior pages were filled with news of this sensational trial...]

HERE'S A NEW FAD.

Every few years something new sweeps the country as a fad. Now it's cross word puzzles, as old as the hills as an amusement, yet they become the reigning fad in place of bridge, Mah Jongg and dividing the fireside interest with radio. Before winter comes every city, village and hamlet on the map will be absorbed in these brain ticklers. The craze has become so widespread that the daily New York American has just started a crossword puzzle department. New and original puzzles will be printed every Tuesday, Thursday and Saturday and on each day puzzle fans will be given the solutions of their puzzles, tips for solving them, and other useful information. Bear in mind that crossword puzzles as an indoor sport are not only amusing but often thrilling and at all times educational. Read the daily American for full details of the game. 9-25-1t

A Birthday Weenie Roast.

A delightful birthday weenie roast was held Friday evening, Sept. 26, at the house of Mr. and Mrs. E. L. Coblenz, this place, to honor of their daughter, Virginia. Added to the weenies were beef-salad sandwiches, olives, potato chips, marshmallows, lemonade, cake and ice cream. A good time was enjoyed by those present, who were as follows: ...

KILLED WHEN

HIT BY AUTOMOBILE.

Amos Burgee, 36 years of age, of Brunswick, formerly of Washington, was killed at 7.50 o'clock last Sunday morning when he was run down by an automobile driven by E. M. Ahalt, of Brunswick. The accident occurred on the road between Brunswick and Petersburg, half a mile east of the former place. The mishap was decided unavoidable by Officer Carter, of the State police force, who went from the station at Braddock and investigated it. Judge Marvin T. Jones, Brunswick, acting coroner, deemed an inquest unnecessary.

It was reported Burgee had been talking with several persons in an automobile parked along the side of the road. He left the machine and started across the road directly in front of the car of Mr. Ahalt. The latter was unable to divert the course of his machine, and it struck the man.

October 10, 1924.

HARRY LEATHERMAN
FOUND GUILTY

(in the "tar and feather" case)
Jury Out Nine Hours—Verdict Rendered 8 o'clock Friday Morning for Aiding and Abetting...[much more]

Frederick County Court.

Will Lloyd and Ruth Hovermale, both of Brunswick, were found guilty before a jury on a charge of fornication and adultery. They were each fined \$50 and costs and given three months in jail. The jail sentence was suspended with the understanding that they separate.

WHEAT FROM EGYPTIAN
TOMB YIELDS BIG CROP.

TACOMA, WASH. F. S. Johnston, a farmer near Morton, has just harvested a bumper crop of wheat that

he says came from seed taken from an Egyptian tomb. He said he got the seed four years ago and this year the increase was enough to plant 15 acres. He has just finished harvesting the crop, which netted 720 bushels for an average of 48.6 bushels to the acre. The grain was white and very hard, the straw short, and the heads prolific.

A 32-Pound Fish.

Last week the water was drained from the head race of the power plant at Millville, Jefferson county, W. Va., in order that repairs could be made. When the water was nearly all drained an enormous fish was seen struggling in a shallow place. It proved to be a Mississippi catfish, which weighed 32 pounds— one of the largest ever caught in either the Shenandoah or Potomac rivers. The employees of the company cut the fish into portions and several families had a big fish feast.

October 17, 1924.

Court Proceedings.

Wm. M. Runkles, of Brunswick, charged with the larceny of an automobile several months ago, was acquitted at a hearing before the court.

L. B. Darr, Brunswick merchant, was found guilty of operating a slot machine. The case was tried before a jury. No sentence was given. The slot machine always dispenses a package of mints upon the insertion of a coin, but also dispenses checks in varying amounts, good for merchandise at Darr's store.

To Consolidate Petersburg
School with Brunswick.

At a meeting of the Frederick County Board of Education, in the office of the superintendent, Prof. G. Lloyd Palmer, last week, it was decided not to reopen the Green Valley school this year on account of low attendance. ... The proposal for the consolidation of the Petersburg and Brunswick school was favorably acted upon, and the proposition to sell the Sand Hill school favored.

Arrests Himself 101 Times.

Nicholas Werkowitz, who has been a somewhat mysterious figure in Orange, N. J., for many years, walked into the Orange Police Headquarters last week and said to Lieut. Cronan, "Well, here I am. Drunk again."

And for the 101st time Werkowitz was charged with intoxication and locked in a cell. Excepting on one occasion when he was found in the street, Werkowitz has always arrested himself. When he has had enough to drink—temporarily—he walks into police headquarters and announces he has reached the stage where his arrest is desirable.

October 24, 1924.

The Reaper Death.

Charles M. Waskey,
Aged 81 Years.

Charles M. Waskey, 81 years old, one of the oldest residents of Brunswick, died at the home of his great-niece, Mrs. Wm. Kidwell, at Brunswick, about 12.30 last Wednesday morning. He is survived by his adopted son, Chas. Waskey, Brunswick; one niece, Mrs. Margaret G. Fout, Frederick, and a great-niece, Mrs. Kidwell. Mr. Waskey was a member of the Red Men, and of the B. & O. Brotherhood. He was well-known, having lived there when the town was known as Berlin, before the name was changed to Brunswick. ... Interment will be made at Knoxville, C. H. Feete, Brunswick, funeral director.

Big Crowds at Frederick Fair.

The Frederick Fair this week was a great success. The weather

was fine, but cool on Tuesday and Wednesday, notwithstanding large crowds were present. On Tuesday the crowd was estimated at 12,000; Wednesday, fully 20,000 were present... Possibly never before has there been so many side-shows, fakirs and all manner of stands and booths. The exhibits were fine and every department was full up. In exhibits of all sorts, this year's fair was one of the finest ever held. The poultry department contains about 5,000 fowls. The valley prize-winners will be published next week.

CAMPAIGN SONG—1924

(Tune—Maryland, My Maryland.)

Cal Coolidge is the man for us,
We'll vote for him, we'll vote for him
He stands for what is right and just,
We'll vote for him, we'll vote for him
His principles are fine and high,
He'll help us keep the country dry,
And that is just the reason why,
We'll vote for him, we'll vote for him ...

Visitors at Dahlia Show.

Over 300,000 Dahlia blooms are grouped in Mr. Frank C. Hargett's gardens at the eastern foot of Catocin Mountain, along the State highway, near Braddock Heights. Several plants, of national reputation, developed at the gardens, are on exhibition, among them the "Barbara Fritchie," which was christened last year by Gov. Albert Ritchie, and the "President Harding," which will be christened next year by Mrs. Calvin Coolidge. Both of these, as well as other recognized original specimens, are now in full bloom. The bloom named after the late lamented President, is a beautiful specimen of dahlia development and is a mixture of pink and yellow. ... Many prominent persons from Washington will [be among] the large number of visitors expected on Sunday. Thousands of tourists as well as many local persons, have visited the gardens.

October 31, 1924.

Elmer Bell, 40, B. & O. Railroad workman, who recently slashed his throat with a razor in the presence of his wife, three children and several friends at his home, near Frederick Junction, in an effort to kill himself, is recovering.

Vote Next Tuesday.

Next Tuesday is election day and it is the supreme duty of every voter to go to the polls and cast their ballot. Not a man or woman should refuse to vote. It is not only your privilege to cast your ballot, but it is your solemn duty to register your vote for the candidates of your choice.

FIELD BALL AND SOCCER.

On Oct. 8, the Middletown teams went to Brunswick and won both games—the boys by the score of 4 to 0, completely shutting out the usually victorious Brunswick team. The Middletown boys had the local lads outplayed the most of the time, and kept the ball in the Brunswick territory throughout the game, except in the last five minutes when the local lads carried the ball into Middletown territory. The Middletown field ball team easily outplayed the local girls, allowed the ball to approach the Brunswick goal twice, and shut out the local girls with a score of 8 to 0.

Let me live in a house by the side of the road and sell gasoline to man.

After it is all over, we will look back and wonder why we all got so excited about the election.

26 Days Without Rain.

A light rain fell Monday night and Tuesday. Thus we have had 26 consecutive days without rain.

SPORTS

Railroaders Football Expectations High; Field Hockey Team Continues to Improve

BY BILL CAULEY

Losing to Havre de Grace in the first round of the Class 1A state playoffs last year still lingers in the minds of Brunswick High School's varsity football team.

The Railroaders held a 19-0 lead early in the game, only to see the Warriors, from Harford County, rally back and win the game, 36-32. It was a real heart-breaker.

That's all in the past now. It's a new season for Brunswick High, a season filled with much optimism. The early part of the season has produced good results.

For example, the Railroaders opened up at home with a 55-28 win over Ashburn, Virginia's Rock Ridge High on Friday, Sept. 6. The following Friday, Brunswick took on the Tuscarora High Titans, coming away with a 28-7 win.

Quarterback Ethan Houck, now a senior on the squad, has been a starter since his freshman year. With a lot of experience under his belt, Houck says the team has a lot more confidence this year.

Houck recalled during the win over Tuscarora how the team responded after falling behind in the first half, 7-6. "I think that woke up the team," he said. "We started making some big plays and the line did a nice job of blocking for us."

Houck also said there are some different personnel at different positions this year. "These players are making the adjustments," he said.

Brunswick High coach Jerry Smith said the expectations for this team are high this season. "In the Tuscarora game, we learned how to get out of bad situations," he said. "When we came back in that game, I think we made a statement."

During that win over the Titans, Houck completed 10 of 19 passes for 159 yards and two touchdowns. Houck also had a rushing touchdown.

Nate Borawski had a rushing touchdown and caught a touchdown pass from Houck in the Tuscarora game. Sam Verosto kicked two extra points.

The Railroaders will have some tough games ahead of it this season, but with each passing game, look for continued improvement in all aspects of their game, both on offense and defense.

BHS Field Hockey

Since taking over the field hockey program at Brunswick High School four years ago, head coach Heather Shawver has seen this program come a long way.

For many years, the field hockey program had been dropped at the school because of declining numbers and the growing popularity of soccer. Since Brunswick High is a small school, it had been hard to locate enough players to field both teams.

Much has changed over the years. The numbers are starting to trend upward once again and interest in field hockey is growing.

It's true, field hockey wins at Brunswick High have been few



Brunswick quarterback Ethan Houck (4) is tackled by Tuscarora defenders during a game played Friday, Sept. 13, at Tuscarora

and far between. The Railroaders won three games last year and three the year before that.

Nowadays, the future is looking good. "This team has shown great improvement," Shawver said, following the Railroaders' 2-1 win over Thomas Johnson High on Wednesday, Sept. 11, at Brunswick High. "This is a different team than last year."

Shawver said the team functions as a family unit. "They all keep in touch with each other all the time. They look out for each other," she said.

Currently, Brunswick High has no junior varsity field hockey team, but Shawver said it's going to take some time for that to develop. "It's tough, but we'll get there," she said. ■



The BHS girls' field hockey team at practice.

BHS SOCCER

Railroaders on Solid Ground

By BILL CAULEY

Both Brunswick High School varsity soccer programs got off to good starts this season.

The Railroader boys, under head coach Shawn Baker, had an impressive showing in winning the Alan Lescalleet shootout on Saturday, Sept. 7, at Othello Park. The Railroaders scored a pair of easy wins, defeating Allegany in the first match, 4-1, then closing out its play in the mixer-style event with a convincing 8-2 win over Catoctin.

For Brunswick's girls, with Dara Demich in her fifth season as the Railroaders' head coach, it was also a 2-0 effort in the Lescalleet shootout. In the nightcap, Brunswick shut out the Jefferson High Cougars, from Shenandoah Junction, W.V., 2-0.

Both teams made good runs in the post-season last year. The Railroader girls reached the Class 1A state quarterfinals before losing. The BHS boys lost in the regional finals.

Baker said he's been impressed with the efforts so far. During the Lescalleet shootout, he was able to shuffle a lot of players in and out,

especially in the Catoctin match, in order for them to gain more experience.

"We had some sophomores in there, trying to get them some minutes," Baker said. "We're still looking to find the right combinations. I thought we executed pretty well, but we still have some things to work on."

Demich returns most of her starting lineup from last year. "The juniors and seniors are providing leadership to the younger players coming into the system. I'm seeing a lot of maturity. The players are more composed."

Demich recalls last season, when Brunswick went 8-7-1. There were times when things should have gone better for the Railroaders.

"We were in every game," Demich said. "It's just that we had some unlucky bounces, a few calls that didn't go our way, but we hung in there with everyone. We fought hard."

"Even with a good start, there is still much work ahead for the Railroaders," Demich said. "We're fine-tuning our ability to control the ball. We're working to take advantage of every possession." ■



Members of the BHS boys' soccer teams.

Railroaders Cross Country Teams Off to Fast Start

By KEVIN L. ROPP

Brunswick High's Boy's Cross Country team started the 2024 Season with a first-place team finish on Saturday, Sept. 14, at the South Hagerstown High School Rebel Invitational. BHS Junior Asher Adelman won the race and led the Railroaders to their top-place finish.

With a final score of 84 points, BHS finished 14 points ahead of second place Boonsboro. BHS' top five scorers were rounded out by Simon McGillivray in 11th place, Adam Parde 20th, Griffen Adelman 21st and Jonah Miller 33rd.

The prior week, at the 41st Annual Lee and Anne Zumbach Brunswick Invitational, Adelman also led BHS Boys, earning first place out of 68 finishers in the small school division and leading the team to a 4th place finish.

"I generally try to chill in

the first mile," Adelman said, "and then focus on picking off the next runner in front of me." In the Rebel Invitational, he was in about 10th place at the one-mile mark, but by the second mile he had taken a lead that he would never relinquish.

"Asher is having an amazing season. In both events, he paced well and maintained his composure throughout the race," said longtime BHS Cross Country Coach Lee Zumbach. "In fact, I think Asher may be the first BHS runner to win these back-to-back races in the past 41 years."

Adelman is currently ranked 3rd in the State among 1A runners.

Eighteen area schools competed in the Zumbach invitational, the oldest continuous running high school cross country race in Frederick County.

Boys JV Team

The BHS Boys JV team also won their Rebel Invitational race with an amazing score of 18 points; 15 is a perfect score. BHS placed 2nd, 3rd, 4th, 6th, and 9th. BHS' Remy Cook, Josiah Nunez and Brenden Arnold finished within two seconds of each other, and were followed closely by Rowen Williams and Evan Mullen.

Other BHS Boys' team members include: Seth Crawford, Rickey Riley, Collin Aldridge, Colin Crawford, Brett Demarco, Porty Sok, Carter Mullen, Ruben Snesrud, Michael Cunanan, Graham Markham, Demetrius Fraley, Conner Orndorff, Kendall Flores, Ian Henderson, and Ayak Martinez.

Girls Varsity Team

The Railroaders Girls Varsity also had a good day at the Rebel Invitational and are showing

signs of coming together as a varsity team.

"We have very young teams this year," BHS Cross Country Coach Anne Zumbach said. "Both teams looked really good in these first meets; we can only expect to see them get better as the season progresses."

Led by Freshmen Shelby Kenawell and Vivian Alexander, the girls placed 7th out of 11 schools. Varsity teammates Caroline Teague, Kate Virgilio, Ella McMonigle, Alexyah Partyka, and Kaitlyn Heck had excellent races as well.

BHS Girls Varsity placed 7th in a very competitive field in the Zumbach Invitational. Other members of the Girls team include: Haddie Shullenbarger, Delany Yablon and Maren Clatworthy, all showing considerable improvement over the first two races of the season. ■

IN MEMORY

Keith Reynolds

A Remembrance

by PATSY REYNOLDS

After a three-year fight with cancer, Keith A. Reynolds passed away peacefully in his sleep on May 4, 2024 at the age of 67.

Keith was born October 23, 1956 and lived in Brunswick all of his life. He graduated from Brunswick High School in 1974 where he won a special award for academic scholarship. Before that, from ages 6 to 13 he was active in the local Little League and was honored as a special pitcher. His team won a state championship in 1968 and went for a tournament in New York.

After graduation he worked on the railroad with his friends Bobby Minnick and Joe Bredon, and at the Dickerson power plant, and at other local businesses. He also volunteered at the baseball fields cutting the grass and marking the bases.

An avid music lover and a particular fan of Frank Zappa, he had collected over 300 vinyl albums of his favorite music. Keith was also a photographer and was known to be a wiz at electronics. Fishing, stamp and coin collecting and woodworking were also



among his favorite occupations (he made toys for his grandson).

Keith spent his final years under the care of his son Keith Reynolds II, and his grandson Jacob in Altoona, PA where he was frequently visited by his mother, other relatives and his best friend Dave Baker. Other friends — John the pharmacist, John the Barber — spoke highly of him.

We like to think that he lives on in his many surviving relatives including his sisters Lori and Cheryl, his brothers Jeffrey and Michael, and me, his mother.

We all miss him. Keith used to say that we would all meet again in what he called “the Magical Kingdom — Heaven.” ■

Shirley Gladys Warwick

Shirley Gladys Warwick, 92, of Brunswick, MD passed away peacefully at her home on Friday, August 30, 2024.

Shirley was born on December 5, 1931 to John and Gladys Green in McKeesport, PA where she grew up with her parents and sister, and where she later met her husband, Walter Warwick. Shirley and Walter were married on April 14, 1951 and later relocated to Rockville, MD where they raised their three children, Cathy, Lynn and David.

While raising her children, Shirley also built a successful career as a medical assistant where she loved supporting her patients and their families. She was an active member of the Rockville chapter of Jaycees for many years and greatly enjoyed supporting her children as a team mom for her daughter's majorette corps, as well as her son's baseball and football teams. Shirley was a devout member of the United Methodist Church, and she passed her steadfast faith on to her family.

After retirement, Shirley relocated to Frederick, MD to be close to her children, grand-



children and great-grandchildren. Shirley's greatest joy was spending time with and caring for her family. She loved Sunday family dinners and was an amazing cook. She also got a kick out of keeping some of the family's favorite recipes a secret for many, many years! Shirley enjoyed playing board games with her grandchildren and great-grandchildren and traveling to Connecticut to visit her son and his family.

Shirley will be remembered by her family as the true and loving matriarch of the family. She made it her mission to en-

sure that they had everything they needed and more. Shirley will be remembered as a woman who lived her life in service of her family. She was the epitome of dignity, grace, beauty and love.

Shirley was predeceased by her husband, Walter Warwick. She is survived by her children, Cathy Cox (Sonny), Lynn Sulske (Joe), and David Warwick (MaryBeth); five grandchildren, Michelle Taylor, Erin Needelman, Stacey Joeckel, Brice Warwick and Hannah Warwick, and six great-grandchildren, Amity Taylor, Alex Taylor, Astor Taylor, Luke Needelman, Paige Joeckel and Grace Joeckel.

Celebration of Life

A celebration of life will be held at 11 a.m. on Friday, October 4, 2024 at the Rockville United Methodist Church, 112 W. Montgomery Avenue, Rockville, MD. A luncheon will follow at Matchbox, 1699 Rockville Pike. In lieu of flowers, donations may be made to St. Jude Children's Research Hospital. Expressions of sympathy may be offered to the family at StaufferFuneralHome.com. ■

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Hosted By: Brunswick 50+ Center
Location: The Brunswick Library 12 East A Street, Brunswick, MD 21716
 915 N. Maple Ave. Brunswick MD 21716 301-834-8115



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ALL ABOARD BRUNSWICK

OCTOBER COMMUNITY GUIDE FOR ARTS, ENTERTAINMENT, EVENTS, ETC.

To have your event listed in next month's newspaper, email events by the 12th of the month to info@BrunNews.com or angel411white@gmail.com.**Homemade Apple Dumplings**

Order through October 6; pick up October 12, 8 am–12 pm
Brunswick Ambulance Company,
200 W. Potomac St.

Elementary Explorers: Pom Pom Tree Collage

October 1, 4:30–5:30 pm
Brunswick Library

Teen Time: Video Games

October 3, 6–7 pm
Brunswick Library

Drop-Off Recycling, City of Brunswick

October 5, 8 am–3 pm
Public Works, Petersville Rd.

Fungus Among Us: Making Mushroom Tinctures — \$35-55

October 5, 10 am–noon
www.foxhavenfarms.org/events

Forge Your Own Gin with McClintock Distillery — \$65

October 5, 4:30–6 pm
www.foxhavenfarm.org/events

Guns and Cash Bash — Benefit for Clarence Webber — \$40/ticket

October 5, 5 pm (doors open at 4 pm)
Brunswick Fire Company
1500 Volunteer Dr.

Brunswick Railroad Days

October 5 and 6, 10 am–5 pm
Potomac St, Downtown Brunswick

Boat and Brew Smoketown/River & Trail Outfitters

October 6
www.rivertrail.com/book-online/

Intergenerational Herb Garden Tour & Tea

October 6, 4–5 pm
www.foxhavenfarm.org/events

Creepy Crawly Nature: A Sensory Program for Adults with Developmental Disabilities

October 7, 11 am–noon
Brunswick Library

Elementary Explorers: Amazing Mazes

October 8, 4:30–5:30 pm
Brunswick Library

Teen Time: Bluey Party

October 10, 6–7 pm
Brunswick Library

Bulk Trash Curbside Pickup — City of Brunswick

October 12, 6 am

All You Can Eat Breakfast — Adults \$15, kids 10–6 \$7, 5 and under free

October 12, 7–11 am
Brunswick Ambulance Company,
200 W. Potomac St.

Fire Prevention Storytime (all children)

October 12, 10:30–11 am
Brunswick Library

Elementary Explorers: Rockets

October 15, 4:30–5:30 pm
Brunswick Library

Fungi Rx: Nature's Medicine Cabinet (on-line) — \$12

October 15, 7:30–8:30 pm
www.foxhavenfarm.org/events

Teen Time: Ghost Painting

October 17, 6–7 pm
Brunswick Library

Full Moon Forest Bathing at Fox Haven Farm — \$35

October 18, 6–8 pm
www.foxhavenfarm.org/events

Curbside Yard Waste Pick-up

October 19, 6 am

Bingo — Benefit for DSK Tournament Team

October 20, doors open at noon,
Bingo at 2 pm
Brunswick Volunteer Fire Company,
1500 Volunteer Dr.

Elementary Explorers: Spy Training

October 22, 4:30–5:30 pm
Brunswick Library

Teen Time: STEM Escape Room

October 24, 6–7 pm
Brunswick Library

WaterShed by Lisa Sheirer

Book Talk — free
October 24, 6:30–8 pm
www.foxhavenfarm.org/events

Read to a Dog (all children)

October 26, 10:30–11:30 am
Brunswick Library

Halloween Art Party with American

Tattoo Studio
October 26, 2–4 pm
Brunswick Library

Downtown Halloween Party

October 26, 6–8 pm
Square Corner Park & Martins Creek

Haunted House — Hosted by City of Brunswick

October 26, 6–9 pm (part of Downtown Halloween)
October 27, 6–9 pm (NOTE: this evening is more scary)
City Park Building

Trunk or Treat

October 27, 3–6 pm
Brunswick Fire Company
1500 Volunteer Dr.

Trunk or Treat

October 27, 3–5 pm
Jefferson UM Church
3882 Jefferson Pike

Elementary Explorers: Escape the Haunted House

October 29, 4:30–5:30 pm
Brunswick Library

Lafayette's Farewell Tour Lecture Series

October 30, 1–2 pm
Brunswick Library

Tween Time: Creepy Crawlies

October 30, 4:30–5:30 pm
Brunswick Library

Teen Time: Mini Pumpkin Painting

October 31, 6–7 pm
Brunswick Library

SAVE THE DATE

Folktales by the Fireside at Fox Haven Farm — donation

November 1, 6–9 pm
www.foxhavenfarm.org/events

Poetry Reading — Beans in the Belfry

Friday, November 8, 6pm–9pm
By Brunswick Line Poetry
Open Mic at 6
Followed by Invited Readers
brunswicklinepoetry@gmail.com

Sausage and Pork Chop Sale

November 21

Petersville Ruritan Club
3616 Petersville Rd.

Country Breakfast

November 23
Petersville Ruritan Club
3616 Petersville Rd.

Valley Craft Network Studio Tour Free

November 23–24, 10 am–5pm
Middletown/Pleasant Valley
valleycraftnetwork.org

RECURRING

Worship Service

SUNDAYS, 9 am
Jefferson United Methodist Church
3882 Jefferson Pike

Worship Service

SUNDAYS, 9:30 am
New Hope United Methodist Church
7 S. Maryland Ave.
brunswickumc.com

Baby Storytime

MONDAYS, 10:30 am, ages 0–24
months with caregiver
Brunswick Library

Manly Movie Night

MONDAYS, 7–9 pm, BYO drinks
Traveling Bros. Cigars
302 W. Potomac St.

Toddler Storytime

TUESDAYS, 10:30 am, 2 year olds
with caregiver
Brunswick Library

Chair Yoga

TUESDAYS, 2–3 pm
Roots & River Yoga
17 W Potomac Ave.
Pre-registration and pricing at www.RootsAndRiverYoga.com/event

Elementary Explorers: fun activities

TUESDAYS, 4:30 pm, Elementary
School Patrons
Brunswick Library

Shuffleboard & Cornhole — \$2

TUESDAYS, 4:30–6:00 pm
Parks & Recreation Building,
Brunswick Elementary School

Table Top Tuesdays

TUESDAYS, 6–8 pm (3rd Tues. calling
all Dungeons and Dragons neophytes

and/or pros) BYO drinks
Traveling Bros. Cigars
302 W. Potomac St.

Preschool Storytime

WEDNESDAYS, 10:30 am, 3–5 year
olds with caregiver
Brunswick Library

Preschoolers School & STEM Skills

WEDNESDAYS, 11:15 am, 3–5 year
olds with caregiver
Brunswick Library

Valley Quilters, all ages/levels

FIRST WEDNESDAY, 6:30 pm
St. Paul Lutheran Church, Jefferson
Peggy at valleyquiltersTLC@gmail.com

Ladies' Movie Night

WEDNESDAYS, 7–9 pm, BYO drinks
Traveling Bros. Cigars
302 W. Potomac St.

Musical Storytime

THURSDAYS, 10:30 am, ages 0–5
with caregiver
Brunswick Library

Weekly Teen Program

THURSDAYS, 6–7 pm
Brunswick Library

Public Auctions by Petersville Ruritan Club

THIRD FRIDAYS, 4 pm, through
October
Farmers Woods, 3816 Petersville Rd.,
Knoxville

Brunswick Main Street Farmer's Market

SECOND & LAST FRIDAYS, 4 pm,
through October
Martin's Creek Parking Lot

Worship Service

SATURDAYS, 6 pm
Jefferson United Methodist Church
3882 Jefferson Pike

Leechel Reynolds's Charitable Fund & Jay's People Cruise-in Series

SECOND SATURDAYS through
October, 9:30 am–12:30 pm
Roy Roger's, 28 Souder Rd.

Games Club of Maryland

THIRD SATURDAYS, 12–7 pm
Smoketown Brewing Station

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